

# HUMAN SERVICES

The Human Services degree program is designed to prepare you to work in the helping professions. The program is built on a strong foundation of psychology and sociology to develop understanding of individuals and the influence of social interaction. Human services theory and skills will aid you in working with people toward functional ways of meeting their needs. The program is based on the philosophy of empowering clients. With a Human Services degree, you will become a professional who is able to (a) attend, listen, reflect, clarify, probe, plan, and evaluate, (b) understand problems from clients' perspectives, establish mutually acceptable goals, and choose appropriate strategies, and (c) show self-awareness, empathy, and respect for clients.

## fast facts

**Credit hours:** 36

*Students must also take 30 credit hours of General Studies courses. A total of 120 credit hours are needed to graduate from WSC. Additional majors or minors can be added to help meet graduation requirements.*

**Degree options:** B.A. or B.S.

**Department:** Counseling

**School:** Education and Behavioral Sciences

**Popular pairings:** Criminal Justice, Psychology, Public Administration, Social Sciences, Sociology, Spanish

## focus on results

### Skills Learned

- Interviewing techniques
- Problem assessment and intervention
- Ethical issues in human services
- Understanding of substance abuse and addictive disorders
- Administration and evaluation of programs
- Understanding social welfare
- Interpersonal communication

### Possible Careers

- Mental health aide
- Substance abuse professional
- Child and family support worker
- Case worker
- Family services worker
- School aide
- Rehabilitation support staff
- Career coordinator
- Program coordinator

### Types of Employers

- Counseling centers
- Community outreach centers
- Boys and girls homes
- Schools and universities
- Hospitals and wellness centers
- Behavioral health facilities
- Rehabilitation clinics
- Government agencies
- Non-profit organizations
- Self-employment

## outside the classroom

### Activities / Opportunities

- Behavioral Health Education Center of Nebraska (BHECN) Programming
- Conferences and research projects
- Peer tutoring and mentoring
- Service-Learning
- Study Abroad

### Clubs / Organizations

- Active Minds – promotes mental health awareness and positive mental health
- Tau Upsilon Alpha – a national honor society for human service counseling



Visit [www.wsc.edu/clubs](http://www.wsc.edu/clubs) to learn more about clubs and organizations on campus.



The following courses are required for the program of study described on this sheet. Every effort is made to ensure this information is current, but please be aware that some content may have changed. To develop a plan for registering and taking these courses, please consult the current academic catalog and your advisor.

## Program courses

Admission to WSC does not constitute admission to the Human Services Program. Please see the current academic catalog for program acceptance requirements. You must also meet certain requirements for admission to the professional seminar and internship.

### Human Services Courses

HUS 202 Introduction Human Services .....	3
HUS 218 Personal Growth.....	3
HUS 324 Fundamentals of Human Services.....	3
HUS 342 Interviewing Skills.....	3
HUS 403 Group Strategies.....	3
HUS 470 Planning, Administration, and Evaluation of Human Services Programs .....	3
HUS 490 Human Services Seminar.....	3
HUS 497 Human Services Internship.....	3
PSY 230 Life Span Development.....	3
PSY 450 Abnormal Psychology.....	3
SOC 320 Social Welfare .....	3
Select one of the following.....	3
SSC 300 Social Sciences Research Methods (3)	
SSC 310 Research and Statistical Analysis (3)	
SSC 319 Statistics for the Social Sciences (3)	
SSC 419 Advanced Social Sciences Research Methods (3)	

## Student learning outcomes

1. Students will demonstrate knowledge of content, theory, skills, and values designated by national accreditation standards for human services professionals (Council for Standards in Human Service Education, CSHSE)
2. Students will demonstrate knowledge of accreditation standards specific to their professional practice created by the Nebraska Department of Education (NDE) and the State of Nebraska as applicable
3. Students will demonstrate competent skills and professional dispositions as an entry-level human services professional in a supervised internship setting

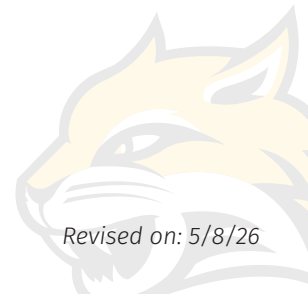
## human services faculty



Visit [www.wsc.edu/counseling-department](http://www.wsc.edu/counseling-department) to learn more about the Department of Counseling.

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