

COACHING

Supplemental endorsement to teach grades 7-12

Have you been inspired by the teachers and coaches in your past? Share your passion for sports and leading a team by becoming a coach yourself. A Coaching endorsement is an excellent choice for anyone in the education program or simply anyone who is interested in guiding young athletes to reach their full potential. Coaching means more than showing others how to play a game. It means guiding athletes mentally, teaching them responsibility, and encouraging them even when things don't go their way. It means instilling in them a hard work ethic. If you are passionate and excited about doing these things, the coaching route is for you. At Wayne State, you can take coaching theory courses including football, basketball, track, wrestling, baseball, softball, soccer, and volleyball. You'll learn how to set up training and appropriate practice sessions, how to be a positive role model, and how to motivate your team. With a Coaching endorsement, you'll open the door to a career that allows you to become just like the coaches who have inspired you.

This is not a standalone program. If you choose Coaching as a supplemental endorsement, you will need to select two subject endorsements or one field endorsement to receive your B.A. or B.S. in Education.

fast facts

Hours: 18 hours for endorsement

At least 120 hours are required for graduation from Wayne State College. In addition to this supplemental endorsement, you must add a field endorsement or two subject endorsements to meet degree and graduation requirements. Adding another supplemental endorsement is optional.

Degrees offered: B.A. or B.S.

Departments: Health, Human Performance, and Sport; Educational Foundations and Leadership

Schools: Science, Health, and Criminal Justice; Education and Behavioral Sciences

Popular pairings: Health and Physical Education (PK-12), Middle Level Education (5-9), Elementary Education (K-6)

focus on results

Skills Learned

- Coaching fundamentals and theories
- Developing and maintaining athletic programs
- Prevention and care of athletic injuries
- Human anatomy and physiology
- Exercise physiology

Possible Careers

- Football coach
- Volleyball coach
- Basketball coach
- Track and field coach
- Wrestling coach
- Softball coach
- Soccer coach

Types of Employers

- Gym/P.E. teacher
- Football coach
- Volleyball coach
- Basketball coach
- Track and field coach
- Wrestling coach
- Softball coach
- Soccer coach

outside the classroom

Activities / Opportunities

- Northeast Nebraska Teacher Academy (NENTA)

Clubs / Organizations

- Baseball Club (Men's)
- Disc Golf Club
- House Cat Ultimate
- NSEA Aspiring Educators
- Rugby Club
- Shotgun Sports
- Soccer Club (Men's)
- SPORTS Club
- Student Athletic Advisory Committee (SAAC)
- Volleyball Club (Men's and Women's)
- Wrestling Club

Visit www.wsc.edu/clubs to learn more about clubs and organizations on campus.



Sample program of study

2024-25 Academic Year

Every effort is made to ensure this information is current, but please be aware that some content may have changed. There is no substitute for developing a careful course registration plan in consultation with your advisor. The class sequence listed is suggested only. The final decision rests with the student and academic advisor.

PED 314, 315, 316, 317, and 318 are offered when staff allows. Begin to take theory classes sophomore year (must have 30 hours completed). All classes should be completed before senior year to avoid conflict with student teaching.

Sophomore - 3rd and 4th semesters

PED 105 Anatomy and Physiology I.....	3
PED 275 Prevention and Care of Athletic Injuries.....	3

Junior - 5th and 6th semesters

PED 304 Sport Physiology (spring only) or *PED 305 Exercise Physiology.....	3
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Senior - 7th and 8th semesters

Choose three of the following:

PED 311 Theory and Fundamentals of Football Coaching (spring only).....	3
PED 312 Theory and Fundamentals of Basketball Coaching (fall only).....	3
PED 313 Theory and Fundamentals of Track Coaching (spring only).....	3
PED 314 Theory and Fundamentals of Wrestling Coaching (fall only).....	3
PED 315 and Fundamentals Theory of Baseball Coaching (fall only).....	3
PED 316 and Fundamentals Theory of Softball Coaching (fall only).....	3
PED 317 Theory and Fundamentals of Volleyball Coaching (spring only).....	3
PED 318 and Fundamentals Theory of Soccer Coaching (spring only).....	3
**PED 357 Principles of Strength and Conditioning.....	3
***PSY 444 Topics in Psychology: Sport Psychology (typically summer only).....	3

*If PED 305 is selected, students must take the prerequisites (PED 105 Anatomy and Physiology I and PED 205 Anatomy and Physiology II).

**If PED 357 is selected, students must take the prerequisites (PED 227 Weight Training, and PED 304 Sport Physiology or PED 305 Exercise Physiology).

***If PSY 444 is selected, students must take the prerequisite (PSY 101 General Psychology).

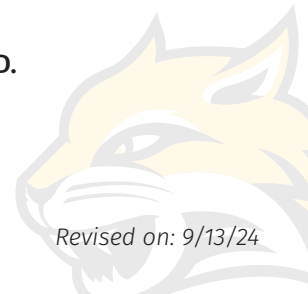
coaching faculty



Visit www.wsc.edu/hhps to learn more about the Department of Health, Human Performance, and Sport.

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