

PHYSICAL EDUCATION

Subject endorsement to teach grades PK-6

If you're ready to share your passion for physical education in an elementary school setting, you can become a P.E. teacher with a Physical Education degree. Choose the PK-6 Physical Education endorsement at Wayne State, and you'll study anatomy, exercise physiology, and biomechanics – all important things to understand as a gym or physical education teacher. Get ready for your career in teaching health and P.E. with this route. Wayne State's excellent reputation for teacher educations ensures your degree will carry weight in the marketplace.

The Physical Education (PK-6) subject endorsement is not a standalone program. You must also select a second subject endorsement or field endorsement to receive your B.A. or B.S.

fast facts

Hours:

34 hours for endorsement
27-33 hours for education core classes
30 hours in general education

At least 120 hours are required for graduation from Wayne State College.

Degrees offered: B.A. or B.S.

Departments: Health, Human Performance, and Sport; Educational Foundations and Leadership

Schools: Science, Health, and Criminal Justice; Education and Behavioral Sciences

Clinical practice: One semester of student teaching required

Popular pairings: Physical Education (7-12), Special Education (K-6)

focus on results

Skills Learned

- Human anatomy and physiology
- Folk and recreational dancing
- Elementary school health and physical education
- Motor learning and development
- Aerobic dance
- Exercise physiology
- Biomechanics
- Curriculum development for grades PK-6
- Teaching and instruction methods
- Adapting curriculum to special needs
- Public speaking and presentation

Possible Careers

- Elementary school physical education teacher
- Health educator
- Special education teacher
- Camp director
- Health studies teacher
- Fitness consultant
- Athletic director
- Fitness instructor
- Rec center manager
- Referee

Types of Employers

- Elementary schools
- Preschools
- Youth sports clubs
- Recreation centers
- Health clubs
- Fitness centers
- Sports leagues
- Youth camps
- Rehabilitation centers
- Resorts and spas
- Non-profit organizations

outside the classroom

Activities / Opportunities

- Northeast Nebraska Teacher Academy (NENTA)
- Peer tutoring and mentoring
- Service-Learning
- Study Abroad

Clubs / Organizations

- Early Childhood Association
- Kappa Delta Pi
- Nebraska State Education Association (NSEA) Aspiring Educators
- Student Council for Exceptional Children



Visit www.wsc.edu/clubs to learn more about clubs and organizations on campus.

Sample program of study

2023-24 Academic Year

Every effort is made to ensure this information is current, but please be aware that some content may have changed. There is no substitute for developing a careful course registration plan in consultation with your advisor. The class sequence listed is suggested only. The final decision rests with the student and academic advisor.

Requirements for the second endorsement may require the student to take classes during the summer session or to add an extra semester. PED 287 meets computer literacy requirement for HHPS Department.

Freshman - 1st semester

ENG 102 Composition Skills (General Studies CAT 1).....	3
HIS 120 World History (General Studies CAT 10).....	3
PED 103 Lifestyle Assessment (General Studies CAT 9).....	2
PED 105 Anatomy and Physiology.....	3
PED 171 Elementary School Health and P.E.....	3

Freshman - 2nd semester

ART 102 The Visual Arts Experience (General Studies CAT 4).....	3
BIO 102 Biology for General Studies (General Studies CAT 7).....	3
CNA 100 Principles of Human Communication (General Studies CAT 2).....	3
EDU 150 Introduction to Professional Education.....	3
PED activity classes.....	2

Sophomore - 1st semester

EDU 250 Human Development and Cognition.....	3
MAT 110 Contemporary Applications of Math (Gen Studies CAT 3).....	3
PSY 101 General Psychology (General Studies CAT 5).....	3
Electives.....	6

Sophomore - 2nd semester

EDU 275 Intro to PK-12 Instruction.....	3
ENG 150 Topics in Literature (General Studies CAT 6).....	3
PED 200 Intro to Motor Learning and Development.....	3
POS 100 American National Government (General Studies CAT 8).....	3
Elective.....	3

Advancement to Level 2: Acceptance to teacher education candidacy required before taking any 300/400 level SPD/EDU courses.

Junior - 1st semester

PED 287 Computer Applications in HHPS.....	3
PED 305 Exercise Physiology.....	3
PED 351 Biomechanics.....	3
SPD 302 Inclusion and Co-teaching in General Education.....	3
Electives.....	6

Junior - 2nd semester

PED 361 Methods and Materials in Health and Physical Education....	3
PED 381 Physical Education Practicum.....	2
PED 407 Motor Perception and Adaptives Special Populations.....	3
PED activity classes.....	2
SPD 435 Classroom Management through Social-Emotional Learning K-6.....	3

Senior - 1st semester

EDU 310 Reading, Writing, and Assessment in Content Areas.....	2
EDU 409 Content Area Methods and Assessment.....	3
EDU 414 Content Area Clinical Experience.....	1
PED 346 Organization, Administration, and Curriculum Development of Elementary Health and Physical Education.....	3
Elective.....	3

Advancement to Level 3: Clinical Practice

Senior - 2nd semester

EDU 452 Clinical Practice and Seminar for Elementary Schools.....	6-12
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All persons seeking Nebraska certification are required to provide proof of a passing score on the Praxis II content test designated for the area(s) of endorsement. For information about the test requirements, please visit the Nebraska Department of Education website at www.education.ne.gov.

physical education faculty



Visit www.wsc.edu/hhps to learn more about the Department of Health, Human Performance, and Sport.

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