If you're ready to share your passion for physical education with junior high and high school students, choose a physical education degree from Wayne State. In the 7-12 physical education endorsement program, you'll study anatomy, exercise physiology, and biomechanics—all important things to understand as a physical education or gym teacher. Get ready for your career in teaching health and P.E. with this route. Wayne State's excellent reputation for teacher education ensures your degree will carry weight in the marketplace.

The physical education (7-12) subject endorsement is not a standalone program. You must also select a second subject endorsement to receive your B.A. or B.S.
SAMPLE PROGRAM OF STUDY

Every effort is made to ensure this information is current, but please be aware that some content may have changed. There is no substitute for developing a careful course registration plan in consultation with your advisor. The final decision rests with the student and advisor based on availability of courses. Requirements for the second endorsement may require the student to take classes during the summer session or to add an extra semester. PED 287 meets computer literacy requirement for HHPS Department.

Start completing initial benchmarks during EDU 150.

FRESHMAN - 1st semester
CNA 100 Principles of Human Communication (General Studies CAT 2)................................. 3
ENG 102 Composition Skills (General Studies CAT 1)......................................................... 3
HIS 120 World History (General Studies CAT 10)................................................................. 3
PED 105 Anatomy and Physiology I .......................................................... 3
PED 171 Elementary School Health and Physical Education................................. 3
PGH 200 Intro to Personal, Public, and Global Health (General Studies CAT 9).......................... 3

FRESHMAN - 2nd semester
ART 102 The Visual Arts Experience (General Studies CAT 4)..................................................... 3
BIO 102 Biology for General Education (General Studies CAT 7)............................................. 3
EDU 150 Professional Education in a Diverse Society........................................................... 3
MAT 110 Topics and Ideas in Math (General Studies CAT 3).................................................. 3
PED 151 Intro to Health and Physical Education................................................................. 3
PED activity class .................................................................................................................. 1

It is recommended that students satisfactorily complete the Core exam before completion of freshman year.

SOPHOMORE - 1st semester
EDU 250 Human Development and Cognition ........................................................................ 3
ENG 150 Topics in Literature (General Studies CAT 6)........................................................... 3
PED 205 Anatomy and Physiology II ..................................................................................... 3
PED activity class ............................................................................................................... 1
POS 100 American National Government (General Studies CAT 8)......................................... 3
PSY 101 General Psychology (General Studies CAT 5).......................................................... 3

SOPHOMORE - 2nd semester
EDU 275 Intro to PK-12 Instruction ......................................................................................... 3
PED 200 Intro to Motor Learning and Development .............................................................. 3
PED 207 Athletic Performance and Nutrition ......................................................................... 3
PED 250 Strategies in Drug Education .................................................................................... 3
PED 346 Organization, Administration, and Curriculum Development of Elementary Health and Physical Education ......................................................... 3
PED activity class ............................................................................................................... 1

Advancement to Level 2: Acceptance to teacher education candidacy required before taking any 300/400 level SPD/EDU courses.

JUNIOR - 1st semester
PED 305 Exercise Physiology .................................................................................................. 3
PED 341 Organization, Administration, and Curriculum Development of Secondary Health and Physical Education ......................................................... 3
PED 351 Biomechanics ........................................................................................................ 3
PED activity class ............................................................................................................... 1
SPD 302 Inclusive Practices for the General and Special Educator ........................................ 3
SPD 435/436 Social, Emotional Development, Behavior Intervention and Elementary Prosocial Classroom Management ......................................................... 3

JUNIOR - 2nd semester
EDU 310 Reading, Writing, and Assessment in Content Areas ............................................. 2
PED 287 Computer Applications in HHPS ............................................................................. 3
PED 361 Methods and Materials in Health and P.E. .............................................................. 3
PED 381 Physical Education Practicum ................................................................................ 2
PED 407 Motor Perception and Adaptives for Special Populations ....................................... 3

SENIOR - 1st semester
EDU 409 Content Area Methods and Materials ................................................................. 3
EDU 414 Content Area Clinical .......................................................................................... 1
*PED 241 First Aid and CPR .............................................................................................. 2
PED 470 Fitness Evaluation and Assessment ....................................................................... 3
PED 471 Tests and Measurements ...................................................................................... 3

Advancement to Level 3: Clinical Practice

SENIOR - 2nd semester
EDU 452 Clinical Practice and Seminar for Elementary School .......................................... 6
EDU 456 Clinical Practice and Seminar for Secondary School .......................................... 6

*It is preferable to take PED 241 First Aid and CPR during senior year - not recommended earlier.

All persons seeking Nebraska certification are required to provide proof of a passing score on the Praxis II content test designated for the area(s) of endorsement. For information about the test requirements, please visit the Nebraska Department of Education website at www.education.ne.gov.

Chad Maas, Ph.D.
Department Chair
402-375-7302
Rice Auditorium 013A
chmaas1@wsc.edu

Kevin Hill, Ed.D.

physical education faculty

2018-19 Academic Year

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