Have you been inspired by the teachers and coaches in your past? Share your passion for sports and leading a team by becoming a coach yourself. A coaching degree endorsement is an excellent choice for anyone in the education program or simply anyone who is interested in guiding young athletes to reach their full potential. Coaching means more than showing others how to play a game. It means guiding athletes mentally, teaching them responsibility, and encouraging them even when things don’t go their way. It means instilling in them a hard work ethic. If you are passionate and excited about doing these things, the coaching route is for you. At Wayne State, you can take coaching theory courses including football, basketball, track, wrestling, baseball, softball, soccer, and volleyball. You’ll learn how to set up training and appropriate practice sessions, how to be a positive role model, and how to motivate your team. With a coaching degree endorsement, you’ll open the door to a career that allows you to become just like the coaches who have inspired you.

This is not a standalone program. If you choose coaching as a supplemental endorsement, you will need to select two subject endorsements or one field endorsement to receive your B.A. or B.S.

**Skills Learned**
- Coaching fundamentals and theories
- Developing and maintaining athletic programs
- Prevention and care of athletic injuries
- Human anatomy and physiology
- Exercise physiology
- Public speaking and presentation
- Oral and written communication
- Leadership and organization
- Time management
- Critical thinking and problem-solving

**Possible Careers**
- Gym / P.E. teacher
- Football coach
- Volleyball coach
- Basketball coach
- Track and field coach
- Wrestling coach
- Softball coach
- Soccer coach

**Types of Employers**
- High schools
- Middle schools
- Colleges and universities
- Professional sports teams
- Youth sports teams
- Community recreation centers
- Health clubs
- Athletic facilities
- Sporting goods stores
- Self-employment

**Activities / Opportunities**
- Northeast Nebraska Teacher Academy (NENTA)
- Work as event staff for WSC athletics
- Tour sports facilities
- Volunteer at NAIA and Summit League basketball tournaments
- AVCA convention
- Study Abroad

**Clubs / Organizations**
- Bicycle Club
- Rugby Club
- Soccer Club (men)
- S.P.O.R.T.S. Club
- Wrestling Club

**FAST FACTS**

**Hours:** 18 hours for endorsement

At least 120 hours are required for graduation from Wayne State College. In addition to this supplemental endorsement, you must add a field endorsement or two subject endorsements to meet degree and graduation requirements. Adding another supplemental endorsement is optional.

**Degrees offered:** B.A. or B.S.

**Departments:** Health, Human Performance, and Sport, Educational Foundations and Leadership

**Schools:** Natural and Social Sciences, Education and Counseling

**Popular pairings:** Health and Physical Education (PK-12), Middle Level Education (5-9), Elementary Education
PED 314, 315, 316, 317, and 318 are offered when staff allows. Begin to take theory classes sophomore year (must have 30 hours completed). Theory classes should be completed before senior year to avoid conflict with student teaching.

**SOPHOMORE - 3rd and 4th semesters**
PED 105 Anatomy and Physiology I .................................................................3
PED 275 Prevention and Care of Athletic Injuries ........................................3

**JUNIOR - 5th and 6th semesters**
PED 304 Sport Physiology or PED 305 Exercise Physiology ..................3

**SENIOR - 7th and 8th semesters**
Choose three of the following:
*PED 311 Theory and Fundamentals of Football Coaching ...........................................3
*PED 312 Theory and Fundamentals of Basketball Coaching ...............................3
**PED 313 Theory and Fundamentals of Track Coaching ......................................3
*PED 314 Theory and Fundamentals of Wrestling Coaching ...............................3
*PED 315 and Fundamentals Theory of Baseball Coaching ......................................3
*PED 316 and Fundamentals Theory of Softball Coaching .................................3
**PED 317 Theory and Fundamentals of Volleyball Coaching ..............................3
**PED 318 and Fundamentals Theory of Soccer Coaching ....................................3
PED 357 Principles of Strength and Conditioning .................................................3
PED 444 Topics in Psychology - Sport Psychology .............................................3

*offered fall semester only
**offered spring semester only

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**coaching faculty**

Chad Maas, Ph.D.
Department Chair
402-375-7302
Rice Auditorium 013A
chmaas1@wsc.edu

Donovan Conley, Ed.D.
Barb Engebretsen, Ph.D.
Tammy Evetovich, Ph.D.
Kristi Fox, Ph.D., ATC, CSCS
Kevin Hill, Ed.D.

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Every effort is made to ensure this information is current, but please be aware that some content may have changed. There is no substitute for developing a careful course registration plan in consultation with your advisor. For questions about this content, please see your advisor.