HUMAN SERVICE COUNSELING

Your desire to serve others is a big part of your life. Maybe you’ve seen the need for one-on-one discussion with someone who is hurting, or you’ve had a positive experience with a counselor yourself. Whatever the reason is you’ve decided to pursue a counseling degree, you’ve chosen a worthy path. At Wayne State, you’ll develop your human interaction skills and a broad foundation rooted in psychology and sociology. With your human service counseling degree, you’ll be prepared to do your best in helping others cope with certain situations and even help them better understand what is happening in their lives.

Skills Learned
• Interviewing techniques
• Problem assessment and intervention
• Ethical issues in counseling
• Substance abuse and addictive disorder counseling
• Human sexuality counseling
• Administration and evaluation of service programs
• Understanding social welfare and service programs
• Interpersonal communication

Possible Careers
• Mental health counselor
• Substance abuse counselor
• Child and family counselor
• Case worker
• Family services worker
• Social worker
• School counselor
• Rehabilitation counselor
• Career counselor
• Program director

Types of Employers
• Counseling centers
• Community outreach centers
• Boys and girls homes
• Schools and universities
• Hospitals and universities
• Behavioral health facilities
• Rehabilitation clinics
• Government agencies
• Non-profit organizations
• Self-employment

Activities / Opportunities
• Research projects
• Conferences
• Legislative Day on the Hill
• Peer tutoring and mentoring
• Service-Learning
• Study Abroad

Clubs / Organizations
• Active Minds – promotes mental health awareness and positive mental health
• Counseling Club – organizes community activities and promotes awareness
• Tau Upsilon Alpha – a national honor society for human service counseling
• Chi Sigma Iota – an international honor society for grad students in counseling

FAST FACTS

Hours:
56 hours for major
30 hours in general education
At least 120 hours are required for graduation from Wayne State College. You may add electives or a minor to help meet these requirements.

Degrees offered: B.A. or B.S.

Department: Counseling

School: Education and Counseling

Internship: Required for credit toward your degree

Popular minors: Criminal Justice, Psychology, Sociology, Public and Global Health, Family Life Studies

outside the classroom

Visit www.wsc.edu/clubs to learn more about clubs and organizations on campus.
Every effort is made to ensure this information is current, but please be aware that some content may have changed. There is no substitute for developing a careful course registration plan in consultation with your advisor. For questions about this content, please see your advisor.

The Human Service Counseling major includes 55 credit hours (of which 37 hours are from the counseling department). These courses include theory, interviewing skills, and group strategies. Students will also complete a 400-hour internship at a human service agency of their choosing, which should be completed in their final year. Internship is offered in the Spring and Summer terms, with most students completing during the Summer.

FRESHMAN
CNA 100 Principles of Human Communication (General Studies CAT 2) ...............................................................3
CJS 202 Introduction to Human Service Counseling ...............................................................3
CJS 218 Personal Growth (spring) ......................................................................................3
ENG 102 Composition Skills (General Studies CAT 1) ..............................................................3
HIS 120 World History (General Studies CAT 10) ................................................................3
PSY 101 General Psychology (General Studies CAT 5 and prerequisite for upper-level major courses) ...............................................................3
SOC 101 Introduction to Sociology (General Studies CAT 5 and prerequisite for upper-level major courses) ...............................................................3
General Studies CAT 4, CAT 6, and CAT 9 ...............................................................9

SOPHOMORE
CJS 225 Fundamentals of Counseling ................................................................................3
CJS 220 Social Problems (prerequisite: SOC 101) ................................................................3
Electives, minor, or second major courses ...............................................................9
General Studies CAT 3, CAT 7, and CAT 8 ...............................................................9

Recommended electives:
Addiction Specialty (allows for PLADC Certification):
CJS 445 Clinical Issues in Substance-Related and Addictive Disorders ...............................................................2
CJS 449 Alcohol/Drug Assessment, Case Planning and Management ......................................................................................2
PSY 440 Psychopharmacology .........................................................................................3

Criminal Justice Focus:
CJA 105 Intro to Criminal Justice ................................................................................3
CJA 210 Juvenile Delinquency .........................................................................................3
CJA 405 Family Violence ............................................................................................3
CJA Electives

JUNIOR
CJS 342 Interviewing Skills (prerequisite: admission to HSC program) ...............................................................3
CJS 440 Substance-Related and Addictive Disorder Counseling ...............................................................3
PSY 316 Social Psychology (prerequisite: PSY 101 or SOC 101) ...............................................................3
SOC 320 Social Welfare (prerequisite: SOC 101) ................................................................................3
SOC 415 The Family (prerequisite: SOC 101) ................................................................................3
Electives, minor, or second major courses .............................................................12

SENIOR
CJS 403 Group Strategies ..............................................................................................3
CJS 409 Human Sexuality Counseling .............................................................................3
CJS 470 Planning, Administration, and Evaluation of Human Service Programs (fall) ......................................................................................3
CJS 490 Human Service Counseling Seminar (spring) ...............................................................3
PSY 450 Abnormal Psychology (spring) ................................................................................3
Electives, minor, or second major courses .............................................................12

SUMMER
CJS 497 Human Service Counseling Internship .............................................................10

Sociology:
SOC 305 Sociology of Deviance ..................................................................................3
SOC 345 Race and Ethnic Relations .............................................................................3
SOC 445 Native Americans ........................................................................................3

Additional Courses:
CJS 447 Multicultural Counseling .............................................................................3
FCS 110 Family and Personal Relationships ................................................................3
SPA Spanish Courses

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