

WAYNE STATE COLLEGE
MENINGITIS HEALTH AND WAIVER INFORMATION

To reduce the spread of bacterial meningitis among the student population, Wayne State College strongly recommends all incoming students residing in residence halls to be vaccinated for meningitis or to sign a waiver indicating that they refuse to receive the vaccine. Furthermore, it is strongly recommended that students living in other forms of group housing receive the vaccination. Wayne State College encourages all other students to consider vaccination as well as to become knowledgeable about meningitis and its symptoms in order to reduce their personal risk. The vaccine is available at Student Health.

What is meningococcal meningitis?

Meningococcal meningitis is a severe bacterial infection of the bloodstream and meninges (a thin lining covering the brain and spinal cord). It is a relatively rare disease and usually occurs as a single isolated event. Cluster of cases or outbreaks are also possible.

Who gets meningococcal meningitis?

Anyone can get meningococcal meningitis, but it is more common in infants, children, and young adults. Also, college freshman who live in residence halls have a slightly higher risk of getting this infection than others their age.

How is the germ that causes this type of meningitis spread?

The meningococcus germ is spread by direct close contact with nose or throat discharges of an infected person. Many people carry this particular germ in their nose and throat without any signs of illness, while others may develop serious symptoms.

What are the symptoms?

Although most people exposed to the meningococcus germ do not become seriously ill, some may develop fever, headache, vomiting, stiff neck, and a rash. Up to 25 percent of patients who recover may have permanent damage to the nervous system. The disease occasionally causes death.

How soon do the symptoms appear?

The symptoms may appear two to 10 days after exposure, but usually within five days.

When and for how long is an infected person able to spread the disease?

From the time a person is first infected until the germ is no longer present in discharges from the nose and throat, he or she may transmit the disease. The duration varies among individuals and with the treatment used.

What is the treatment for meningococcal meningitis?

Certain antibiotics are very effective in eliminating the germ from the nose and throat. Penicillin is the drug of choice for meningitis.

Should people who have been in contact with a diagnosed case of meningococcal meningitis be treated?

Only people who have been in close contact (household members, inmate contacts, health care personnel performing mouth-to-mouth resuscitation, day care center playmates, etc.) need to be considered for preventative treatment. Such people are usually advised to obtain a prescription for rifampin from their physician. Casual contact, as might occur in a regular classroom, office, or factory setting is not usually significant enough to cause concern. People who think they have been exposed to meningococcal infections should contact their local health department to discuss whether they should receive preventative treatment.

Is there a vaccine to prevent meningococcal meningitis?

Presently, there are two vaccines that will protect against several of the strains of the meningococcus germ.

STUDENTS NAME-PLEASE PRINT LEGIBLY: _____

WAIVER OF MENINGOCOCCAL MENINGITIS IMMUNIZATION (DOES NOT RECEIVE VACCINATION)

I have chosen NOT to be immunized. My signature below signifies that I have received and read the material provided to me on meningitis by Wayne State College.

(Signature of Student)-REQUIRED

Date

(Signature of Parent or Guardian, if student is under 19 years of age)

CONSENT FOR MENINGOCOCCAL MENINGITIS IMMUNIZATION



Check This Box if you would like to receive the Menactra (Meningitis) vaccine at WSC Student Health Office. Please call our office at 402-375-7470 to check for vaccine availability, cost, and to schedule an appointment to receive your injection.

(Signature of Student)-REQUIRED

Date

(Signature of Parent or Guardian, if student is under 19 years of age)

