

# Wayne State College

## Parents and Students: Important Health Information about H1N1 from Wayne State Residence Life

Residence Hall Students,

In light of recent outbreaks of H1N1 flu illnesses, it is important to review the following information about WSC's Residence Hall policies.

**If a student becomes ill:** WSC Residence Life is recommending that any student exhibiting flu-like symptoms go to his/her permanent home until becoming well, if he/she lives close enough to do so.

**If a student leaves,** he/she should contact the RA and roommates and make them aware of his/her departure. If a student cannot go home, Residence Life has implemented policies that can assist a student who is experiencing flu-like symptoms.

**Self-isolation:** The sick student should self-isolate in his/her room and remain away from other people until he/she no longer has a fever over 100 degrees. Thermometers are available for use at each residence hall desk. Limit contact with others and try to maintain a distance of at least six feet from people. If close contact cannot be avoided or when leaving his/her room to use the bathroom, the student should wear a mask.

**Masks:** Residence Life will supply a mask(s) at hall desks for the students who are ill.

**"Sick meals":** The sick student can request a meal be brought to his or her room. A friend or roommate may take the ill student's college ID card to the dining service where the checker will give a container to the friend or roommate to select food items to take back to the sick student.

**Information** about H1N1 can be found at [http://www.wsc.edu/newscenter/flu\\_information/](http://www.wsc.edu/newscenter/flu_information/) . Please note the posters and signs in your halls regarding reducing the spread of infection. As future conditions may warrant, additional updated information may be sent to all residence hall students.

For the most up-to-date information on flu, visit [www.flu.gov](http://www.flu.gov), or call 1-800-CDC-INFO (232-4636).

Sincerely,



Jeff B. Carstens  
Vice President, Dean of Students