

**Toward Responsible Use of Substance Today
(TRUST) Coalition Minutes**

October 7, 2008

Present: Jessica Bolles, Lin Brummels, Julia Shear, Steve Shear, Lance Webster, Brandon Ziska, Jason Mrsny, Cynthia Hruby, Kathy Mohlfeld

Neighborhood Relations:

The NCC provided training on working with the media. Sister Cynthia Hruby attended on Friday, September 19, presented by Dr. Tom Workman at UNL. Cynthia gave a brief report.

Education and Information Report:

Brief Alcohol Screening and Intervention for College Students (BASICS)

Part 2: A Practitioner Training Session

Dr. Jason Kilmer

September 29th, 2008; 8:30am-4pm

Sister Cynthia and Pam Barelmann attended. Report from Sr. Cynthia.

Alcohol Awareness Week: October 22-29 (directly after Fall break). SADD is refurbishing the Alcohol Death Wall and displaying it during that time period in the Student Center.

GAMMA (Greeks Advocating Mature Management of Alcohol) has become a committee of the Greek Council. This will help to have representation from all of the WSC Greek houses. Michelle Meyer is the Greek Council advisor and can be contacted at 375-7321. Activities are in the works for Alcohol Awareness Week.

The Network Addressing Collegiate Alcohol and Other Drug Issues announces the National Forum for Senior Administrators on Friday, November 17th in St. Paul, Minnesota. The Network is under the auspices of the U.S. Department of Education's Office of Safe and Drug-Free Schools.

The National Forum is held in conjunction with the **U.S. Department of Education's 22nd Annual National Meeting on Alcohol and Other Drug Abuse and Violence Prevention in Higher Education** at the Crowne Plaza Hotel St. Paul - Riverfront. The dates for the National Meeting are November 16 - 19, 2008. The National Forum is dedicated to providing senior administrators with the most current information about addressing problems associated with alcohol, other drugs, and violence (AODV) in higher education. The focus of this year's National Forum is on the influence, responsibility, and liability of senior administrators in the prevention of high-risk behaviors of college students. The agenda includes national experts in their fields.

Lance Webster, Jessica Bolles, Pam Barelmann and the new STRIDE Retention Specialist are signed up to attend the national meeting.

The 2008 Core Alcohol and Drug Survey (Core), see handout.

- The percentage of students (younger than 21) who consumed alcohol in the previous 30 days is down 13% since 2000.
- 30-day prevalence of alcohol use is down 8.4% since 2000.
- Driving a car under the influence is down 13% since 2000.
- High frequency of alcohol use (3 times a week or more) is down 12.1% since 2000.
- High frequency of tobacco use (3 times a week or more) is down 16.2% since 2000.
- The average number of drinks consumed per week at WSC is 5.6 (the national average is 5.8). This is the first time we have been below the national average and WSC's rate in 2000 was 8.2.
- The percentage of students who report having binged in the last two weeks at WSC is 51.8% compared to the national average of 44.3% (WSC is 7.5% higher). However, our number is down 4.7 percent since 2003.
- Annual prevalence of marijuana use is down 8.6% since 2000.

Nebraska Collegiate Consortium and Data Analysis

Beginning in October, the NCC has funds to assist any campus that wishes to collect campus specific data and/or examine previously collected data. **What questions do you have about existing data or new data to advance programs and encourage the allocation of additional resources?**

Policy and Enforcement:

The **Amethyst Initiative** discussion regarding the **Minimum Legal Drinking Age (MLDA)**: <http://www.amethystinitiative.org/> .

MLDA Frequently Asked Questions: <http://www.higheredcenter.org/faq/108>

Project Extra Mile (PEM): Next PEM meeting is Wednesday, October 9, 2008 at 1:00 p.m. at Journey Christian Church (across the road from McDonald's). Contact Steve Shear at 833-5441 for more information. Guest editorial from retired Air Force Colonel regarding Amethyst Initiative in their newsletter and the 9/20/2008 "Omaha World-Herald", see hand-out.

Region 4 Behavioral Health System Mini Grant Application for Prevention Services due September 15th 2008, 8 page maximum. Funds must be spent by 6/30/2009. No response yet.

Nebraska Collegiate Consortium Mini Grants, up to \$500, spent by 9/30/2008. Funded. Poster campaign with WSC social norms and protective factors (alternating drinks, eating before and during drinking, no alcohol with medication, etc.).

Wildcat Wheels Safe Ride Program: Dispatchers are doing a homecoming tailgate and giving out free soda/water and drunk driving prevention information. Fall 2008 averages as of 9/25: calls-60.8 riders-159.2 (over 15,200 riders since 2/05)

Social Environment: Julia Shear of the WELCOME House reported about the social activity that they hold on Thursday evenings from 9 p.m.-1:00 a.m. Friday morning. 47-65 students (college only) attend. They have music, a fire pit, and home baked goods. They are funded by the Student Senate.

****Thank you** for all of your work in addressing alcohol and drug issues in our community.

Check the TRUST Coalition website for minutes of the meetings at
http://www.wsc.edu/counseling_center/related_services/trust_coalition