

# **Toward Responsible Use of Substances Today (TRUST) Coalition Minutes**

September 5, 2007

- Present: Kathy Mohlfeld, Dan Baddorf, Ron Vick, Sr., Lin Brummels, Pam Barelmann, Jeff Carstens, Sara Ehlers, Jason Mrsny, Troy Reynolds, Lance Webster, Jessica Bolles, Jason Karsky.

## **Committee/Workgroup Updates:**

### **Education and Information Report:**

- U.S. Department of Education's National Meeting on Alcohol and Other Drug Abuse and Violence Prevention in Higher Education-**October 18-21, 2007 in Omaha, NE.**
  - Presenting:
    - Dr. Keith Willis -poster presentation on WSC's social norms approach, the TRUST Coalition, and results from the WSC annual Core Alcohol and Drug Survey
    - Kathy Mohlfeld- poster presentation about WSC safe ride program. Dr. Jason Karsky will be helping to prepare the presentation.
  - Attending:
    - Karen Granberg, Curt Frye, Sara Ehlers, Jason Mrsny, Jessica Bolles, Brandon Ziska, Lance Webster, Jeff Carstens, Lin Brummels and Cynthia Hruby

\*\*A scholarship is available to pay for registration costs to the U.S. Department of Education National Meeting on Alcohol and Other Drug and Violence Prevention in Higher Education in Omaha, NE October 18-27, 2007, handouts.

Applications are due to Kathy Mohlfeld by Monday, September 10. Awards will be made by September 13. Early-registration deadline for the national meeting is September 17. Up to four scholarships will be awarded in the Iowa-Kansas-Missouri-Nebraska region by ***The Network: Addressing Collegiate Alcohol and Other Drug Issues.***

- The Wayne Herald ran three articles on page 3 of their 8/16/2007 edition regarding WSC alcohol and drug abuse strategies, the strategic plan, and underage drinking/and new social host legislation in Nebraska, see example.
- The Norfolk Daily News is running an article in the Saturday (9/8/07) edition about underage drinking and colleges. Much of the same information that was in The Wayne Herald's article will run there as well.
- Letters were sent out to parents of new freshmen encouraging them to talk to their students about alcohol prior to them coming to WSC. An information table was also available to families during each freshmen registration day.
- Alcohol poisoning prevention information was shared with Resident Assistants (RA') and at Freshmen Orientation prior to classes beginning. An information table was also set up at the Student Organization Fair.
- Alcohol Education Classes at WSC the following Tues.: 10/9, 11/20, 3/25, 4/22

- Alcohol Poisoning's: 2 have been reported for WSC students and one for a local high school student.
- **National Collegiate Alcohol Awareness Week**, <http://www.iaaf.org/>  
**October 21-27, 2007** (the week after the national meeting)  
Ideas? Residence Life is planning on doing programming in each hall for this week.
- **Nebraska Collegiate Consortium (NCC) to Reduce High Risk Drinking-**
  - **College Alcohol Profile (CAP):** <http://wsc.collegealcoholprofile.com/> . It can also be found on the Counseling Center homepage (thanks to Ron Vick, Sr.). See examples. e-CHUG is still available and is being advertised in The Wayne Stater. The CAP will mostly be used in alcohol violations cases and counseling cases. Dr. Carsten's noted that the CAP will be required of students in all initial alcohol violation cases.
  - **Nebraska Collegiate Consortium Evaluation Workshop**-Pam Barelmann, Sr. Cynthia Hruby and Kathy Mohlfeld will be attending. **We have room for one more person to attend.**  
Date: September 12, 2007, Place: UNL East Campus Union  
Time: 8:30 a.m. to 3:30 p.m.

*Strategic plans set direction and outcomes. . . Evaluation indicates progress. . .*

Skill-building Workshop Goal:

1. As a result of this workshop, colleges/universities that have developed a strategic plan to reduce high-risk drinking, will plan evaluation strategies (progress and outcome indicators) related to the objectives in your strategic plan.
  2. As a result of this workshop, colleges/universities who have not yet finalized strategic plans will learn how to incorporate evaluation strategies into the on-going strategic planning process to reduce high-risk drinking.
- Mini-grant (\$500) was awarded to Kathy Mohlfeld to fund social norms poster project across campus. The aim of the project is to help correct misperceptions that many students have regarding the frequency and amount of drinking occurring among their peers. The 166 posters came out in 2 different series. After getting feedback from the RA's, the posters were updated. Two posters were hung on each floor and in the lobbies of the Res. Halls. The rest are being put up across campus and Wayne. Some examples of the information in the posters:

**WSC students are healthier than you think.**

Most (62%) WSC students have 0-4 drinks a week. (first round)

Most (68%) WSC students have 0-5 drinks a week. (second round)

Most (60%) WSC students don't use tobacco.

Most (89%) WSC students do not want to have drugs available/used at parties.

Most (67%) have never even tried marijuana.

### Neighborhood Relations:

- The TRUST Coalition, WSC Campus Security and the Wayne Police Department put a "door tag" insert into the Morning Shopper in Wayne on 8/20/07 and 8/27/07 regarding the prevention of disruptive house parties and related laws, see example.
- Prior to students moving into the Residence Halls, the RA's put door tags on their doors regarding floor standards, see example. The door tags were sponsored by the TRUST Coalition and Residence Life.

### Policy and Enforcement:

#### \* **Project Extra Mile**

First meeting: Friday, Sept. 14 at 10:00 a.m., Journey Christian Church  
<http://www.projectextramile.org/>

- Police Chief Webster talked briefly about the Underage Drinking Enforcement Training Center's annual meeting that he attended in Florida as a guest of Project Extra Mile. He noted that the department is on track with the recommendations that were made at the meeting. He shared the "pre-party guideline sheet" that they use here at the meeting and several other departments have requested a copy. He also discussed the new social host legislation that passed in Nebraska earlier this year. An underage alcohol related alcohol crash occurred in North Platte shortly after it was passed. Two teenagers died in the crash and the 21 year old who bought the alcohol for them has been identified. According to this legislation, Webster indicated that the 21 year old could be held responsible for paying 100% of the financial burden of the crash and deaths. If the person was unable to pay, then time would be spent in jail.
  - Chief Webster noted that the department will also be checking out My Space to help locate local underage parties and intervene. He also noted that he is aware of a local bar selling alcohol to minors and that situation will be addressed later this week. He is also in contact with Bruce Mitchell of the Nebraska State Patrol. Mitchell is the officer in charge of liquor law enforcement in this area.
  - Webster has also talked with Providence Medical Center and they will be tracking the number of emergency room visits that are alcohol-related.
- **Wildcat Wheels** – Sara Ehlers, Lead Dispatcher  
Staff: Aaron Becker, Whitnea Cline, Kayla Warner, Justin Wardyn and Tyler Weber.

<b>Week</b>	<b>Date</b>	<b>Calls</b>	<b>Riders</b>	<b>Overall Calls</b>	<b>Overall Riders</b>
1	8/23/2007	79	173	4134	10,477
2	8/30/2007	64	155	4198	10,632
	<b>Fall</b>		<b>71.5</b>		<b>164</b>
<b>Average</b>	<b>07</b>		<b>calls</b>		<b>riders</b>

## **Social Environment:**

\*Lin Brummels is taking information about social events at and around WSC for the bi-monthly "What's Going On?" announcements, see example.

\*Spring 2007 Core Alcohol and Drug undergraduate classroom surveys; n=668.

\* 13% fewer underage students (younger than 21) consumed alcohol in the previous 30 days than in the year 2000.

\* 8% fewer students reported binge drinking (consuming 5 or more drinks in one sitting) in the previous 2 weeks.

\* 7% fewer students have used marijuana in the past year than in 2000.

\*12% fewer students have used tobacco three times a week or more than in 2000.

\*8.2% fewer students have reported some form of public misconduct (such as trouble with the police, fighting/argument, DWI/DUI, vandalism), at least once during the past year as a result of drinking or drug use than in 2001.

## **Upcoming meetings:**

Wednesdays at **2:00 PM in the Cottonwood Room** of the Student Center: **Oct. 3 and Nov. 14.**

- Check the TRUST Coalition website for minutes of the meetings.  
[http://www.wsc.edu/counseling\\_center/related\\_services/trust\\_coalition/](http://www.wsc.edu/counseling_center/related_services/trust_coalition/)
- Contact the Counseling Center at 402-375-7321 or [wsctrust@hotmail.com](mailto:wsctrust@hotmail.com) if you have any suggestions or concerns for the TRUST Coalition.

"Never doubt that a small group of thoughtful, committed citizens can change the world."  
Margaret Mead