

Wayne State College

NSIC All-Conference Athletes & Teams

1998-99 * - 1ST Year in NSIC

Coach Brian Kavanaugh

CHAMPIONS (4) & ALL CONFERENCE (5)

<i>ANDY TUCKNOTT</i>	<i>CHAMPION</i>	<i>10000M RUN</i>	<i>33:20.70</i>	<i>OUTDOOR</i>
<i>ANGIE KMENT</i>	<i>CHAMPION</i>	<i>SHOT PUT</i>	<i>41' 10</i>	<i>OUTDOOR</i>
<i>DEANNA GOLLOBIT</i>	<i>CHAMPION</i>	<i>TRIPLE JUMP</i>	<i>35' 8 ¼</i>	<i>INDOOR</i>
<i>ANDY TUCKNOTT</i>	<i>CHAMPION</i>	<i>8000 METERS</i>	<i>27:01</i>	<i>XC</i>
Marsha Krienke	2 nd	800m run	2:17.17	Outdoor
Matt Kneifl	2 nd	400m hurdles	56.03	Outdoor
Deanna Gollobit	2 nd	Long Jump	16' 11 ¾	Indoor
Marsha Krienke	2 nd	800m run	2:22.08	Indoor
Jeremy Covey	8 th	8000 meters	27:58	XC

HONORABLE MENTION – (5)

Matt Kneifl	3 rd	110m hurdles	14.94	Outdoor
Deanna Gollobit	3 rd	Long Jump	17' 3 ¾	Outdoor
Deanna Gollobit	3 rd	Triple Jump	34' 11 ¾	Outdoor
Matt Kneifl	3 rd	55m hurdles	8.05	Indoor
Andy Tucknott	3 rd	5000m run	15:33.2	Indoor

Cross Country

Women – Tie 4th – 91 points

Men – 3rd – 69 points

Indoor Track

Women – 5th – 33 points

Men – 5th – 28 points

Outdoor Track

Women – 5th – 38 points

Men – 4th – 52 points

Wayne State College

NSIC All-Conference Athletes & Teams

1999-00

Coach Brian Kavanaugh

CHAMPIONS (4) & ALL CONFERENCE (7)

<i>DARR NICKERSON</i>	<i>CHAMPION</i>	<i>5000M RUN</i>	<i>19:32.46</i>	<i>OUTDOOR</i>
<i>MATT KNEIFL</i>	<i>CHAMPION</i>	<i>110M HURDLES</i>	<i>14.74</i>	<i>OUTDOOR</i>
<i>MATT KNEIFL</i>	<i>CHAMPION</i>	<i>400M HURDLES</i>	<i>54.32</i>	<i>OUTDOOR</i>
<i>MARSHA KRIENKE</i>	<i>CHAMPION</i>	<i>800M RUN</i>	<i>2:17.96</i>	<i>INDOOR</i>
Traci Bernecker	2 nd	100m dash	12.53	Outdoor
Marsha Krienke	2 nd	800m run	2:18.44	Outdoor
Andy Tucknott	2 nd	10000m run	33:15.60	Outdoor
Darr Nickerson	2 nd	1000m run	3:08.16	Indoor
James Bruhn	10 th	8000 meters	28:01	XC
Darr Nickerson	6 th	6000 meters	24:31	XC
Marsha Krienke	7 th	6000 meters	24:36	XC

HONORABLE MENTION – (10)

Jason Kneifl	3 rd	High Jump	6' 1 ¾	Outdoor
Brad Hrouda	2 nd	4 x 800m Relay	7:59.38	Indoor
Dustin Lippman	2 nd	4 x 800m Relay	7:59.38	Indoor
Dana Rider	2 nd	4 x 800m Relay	7:59.38	Indoor
James Bruhn	2 nd	4 x 800m Relay	7:59.38	Indoor
Matt Kneifl	3 rd	55 meter hurdles	7.77	Indoor
Brad Hrouda	3 rd	800 meter run	2:00.22	Indoor
Shannon Schumacher	3 rd	High Jump	6' 4	Indoor
Antonio Jackson	3 rd	Triple Jump	44' 4	Indoor
Traci Bernecker	3 rd	55m dash	7.47	Indoor

Cross Country

Women – 4th – 107 points
Men – 2nd – 57 points

Indoor Track

Women – 4th – 42 points
Men – 5th – 47 points

Outdoor Track

Women – 4th – 52 points
Men – 5th – 55.5 points

Wayne State College

NSIC All-Conference Athletes & Teams

2000-01

Coach Marlon Brink

CHAMPIONS (5) & ALL CONFERENCE (12)

<i>JASON KNEIFL</i>	<i>CHAMPION</i>	<i>HIGH JUMP</i>	<i>6' 6</i>	<i>OUTDOOR</i>
<i>MATT KNEIFL</i>	<i>CHAMPION</i>	<i>110M HURDLES</i>	<i>14.48</i>	<i>OUTDOOR</i>
<i>JAMES BRUHN</i>	<i>CHAMPION</i>	<i>1000M RUN</i>	<i>2:33.56</i>	<i>INDOOR</i>
<i>ANDY TUCKNOTT</i>	<i>CHAMPION</i>	<i>5000M RUN</i>	<i>15:26.83</i>	<i>INDOOR</i>
<i>MATT KNEIFL</i>	<i>CHAMPION</i>	<i>55M HURDLES</i>	<i>7.74</i>	<i>INDOOR</i>
April Sachau	2 nd	1500m run	5:00.65	Outdoor
April Sachau	2 nd	5000m run	19:41.09	Outdoor
Tracie Fehringer	2 nd	Shot Put	41' 2 ¼	Outdoor
Andy Tucknott	2 nd	5000m run	15:48.28	Outdoor
Andy Tucknott	2 nd	10000m run	32:01.00	Outdoor
Matt Kneifl	2 nd	400m hurdles	53.01	Outdoor
Joe DeMilt	2 nd	Pole Vault	13' 9	Outdoor
Eric Havranek	2 nd	Long Jump	22' 4	Outdoor
Antonio Jackson	2 nd	Triple Jump	45' 7 ¼	Outdoor
Darr Nickerson	3 rd	6000 meters	24:23	XC
Andy Tucknott	5 th	8000 meters	26:40	XC
Dustin Lippman	10 th	8000 meters	27:16	XC

HONORABLE MENTION – (12)

Tracie Fehringer	3 rd	Discus	134' 3	Outdoor
James Bruhn	3 rd	1500m run	4:04.90	Outdoor
David Dooley	3 rd	Triple Jump	45' 4 ¾	Outdoor
Jason Kneifl	3 rd	110m hurdles	15.34	Outdoor
Eric Havranek	3 rd	Triple Jump	44' 4	Indoor
Dustin Lippman	2 nd	4 x 800m Relay	8:10.58	Indoor
Nick Hansen	2 nd	4 x 800m Relay	8:10.58	Indoor
Dana Rider	2 nd	4 x 800m Relay	8:10.58	Indoor
Matt Rosauer	2 nd	4 x 800m Relay	8:10.58	Indoor
Traci Bernecker	3 rd	55m dash	7.55	Indoor
Traci Bernecker	3 rd	200m dash	26.42	Indoor
Tracie Fehringer	3 rd	Shot Put	41' 5 ¼	Indoor

Cross Country

Women – 5th – 139 points

Men – 2nd – 53 points

Indoor Track

Women – 7th – 26 points

Men – Tie 4th – 60 - points

Outdoor Track

Women – 6th – 38 points

Men – 5th – 104 points

Wayne State College

NSIC All-Conference Athletes & Teams

2001-02

Coach Marlon Brink

CHAMPIONS (6) & ALL CONFERENCE (13)

DARR NICKERSON	CHAMPION	5000M RUN	19:01.12	OUTDOOR
ERIC HAVRANEK	CHAMPION	TRIPLE JUMP	45' 9	OUTDOOR
TIFFANY SCHACHER	CHAMPION	55M HURDLES	8.88	INDOOR
ANDY TUCKNOTT	CHAMPION	5000M RUN	15:40.49	INDOOR
DAVID DOOLEY	CHAMPION	TRIPLE JUMP	45' 4 ½	INDOOR
ERIC HAVRANEK	CHAMPION	LONG JUMP	22' 7 ¾	INDOOR
Eric Havranek	2 nd	Triple Jump	45' 3	Indoor
Tiffany Schacher	2 nd	100m hurdles	15.75	Outdoor
Tracie Fehringer	2 nd	Discus	130' 9	Outdoor
Joe DeMilt	2 nd	Pole Vault	14' 2 ½	Outdoor
Eric Havranek	2 nd	Long Jump	22' 11 ¾	Outdoor
Antonio Jackson	2 nd	Triple Jump	44' 10 ¼	Outdoor
Brian Dixon	2 nd	110m hurdles	15.05	Outdoor
Andy Tucknott	2 nd	10,000m run	33:37.00	Outdoor
Jodi Rhodig	2 nd	400m dash	1:00.01	Indoor
Darr Nickerson	2 nd	5000m run	19:20.37	Indoor
Eric Havranek	2 nd	55m dash	6.51	Indoor
Darr Nickerson	4 th	6000 meters	23:18	XC
Andy Tucknott	2 nd	8000 meters	26:30	XC

HONORABLE MENTION – (9)

Darr Nickerson	3 rd	3000m Steeple	12:12.07	Outdoor
Tracie Fehringer	3 rd	Shot Put	42' 9 ¾	Outdoor
Shannon Schumacher	3 rd	High Jump	6' 4 ¼	Outdoor
Dave Dooley	3 rd	Triple Jump	44' 6	Outdoor
Antonio Jackson	3 rd	Triple Jump	45' 1	Indoor
Jesse Slaymaker	2 nd	4 x 400m relay	3:31.59	Indoor
Ryan Leriger	2 nd	4 x 400m relay	3:31.59	Indoor
Matt Rosauer	2 nd	4 x 400m relay	3:31.59	Indoor
Justin Farr	2 nd	4 x 400m relay	3:31.59	Indoor

Cross Country

Women – 4th – 125 points

Men – 2nd – 67 points

Indoor Track

Women – 6th – 53 points

Men – 5th – 91 points

Outdoor Track

Women – 6th – 69 points

Men - 4th – 94 points

Wayne State College

NSIC All-Conference Athletes & Teams

2002-03

Coach Marlon Brink

CHAMPIONS (6) & ALL CONFERENCE (2)

<i>ADAM MEIER</i>	<i>CHAMPION</i>	<i>JAVELIN</i>	<i>185' 0</i>	<i>OUTDOOR</i>
<i>ERIC HAVRANEK</i>	<i>CHAMPION</i>	<i>LONG JUMP</i>	<i>23' 4</i>	<i>OUTDOOR</i>
<i>LINDSEY STOCKWELL</i>	<i>CHAMPION</i>	<i>JAVELIN</i>	<i>121' 3</i>	<i>OUTDOOR</i>
<i>LINDSEY STOCKWELL</i>	<i>CHAMPION</i>	<i>DISCUS</i>	<i>129' 3</i>	<i>OUTDOOR</i>
<i>ERIC HAVRANEK</i>	<i>CHAMPION</i>	<i>LONG JUMP</i>	<i>23' 10 ³/₄</i>	<i>INDOOR</i>
<i>MATT SCHAFFER</i>	<i>CHAMPION</i>	<i>400M DASH</i>	<i>50.90</i>	<i>INDOOR</i>
Eric Havranek	2 nd	55m dash	6.56	Indoor
Brian Dixon	2 nd	55m hurdles	7.88	Indoor

HONORABLE MENTION – (14)

Angie Albers	3 rd	100m hurdles	15.03	Outdoor
Kari Torgerson	3 rd	Shot Put	40' 0	Outdoor
Eric Havranek	3 rd	100m dash	10.91	Outdoor
Matt Schaffer	3 rd	800m run	1:59.24	Outdoor
Ryan Leriger	2 nd	4 x 400m relay	3:27.06	Indoor
Teddy Young	2 nd	4 x 400m relay	3:27.06	Indoor
James Bruhn	2 nd	4 x 400m relay	3:27.06	Indoor
Matt Schaffer	2 nd	4 x 400m relay	3:27.06	Indoor
Jason Kneifl	3 rd	Pentathlon	3,241 pts	Indoor
Eric Havranek	3 rd	Triple Jump	45' 8 ½	Indoor
James Bruhn	3 rd	1000m run	2:34.53	Indoor
Teddy Young	3 rd	200m run	22.96	Indoor
Ryan Leriger	3 rd	Long Jump	22' 9 ¼	Indoor
Katie Malander	3 rd	Pole Vault	9' 6	Indoor

Cross Country

Women – 8th – 188 points

Men – DNS – Incomplete

Indoor Track

Women – 7th – 43 points

Men – 4th – 95.5 points

Outdoor Track

Women – 7th – 60.5 points

Men – 5th – 73.5 points

Wayne State College

NSIC All-Conference Athletes & Teams

2003-04

Coach Marlon Brink

CHAMPIONS (13) & ALL CONFERENCE (11)

<i>ERIC HAVRANEK</i>	<i>CHAMPION</i>	<i>LONG JUMP</i>	<i>22' 8</i>	<i>OUTDOOR</i>
<i>DAVE DOOLEY</i>	<i>CHAMPION</i>	<i>TRIPLE JUMP</i>	<i>45' 2 ½"</i>	<i>OUTDOOR</i>
<i>KOREY KRIZ</i>	<i>CHAMPION</i>	<i>800M RUN</i>	<i>1:53.39</i>	<i>OUTDOOR</i>
<i>KOREY KRIZ</i>	<i>CHAMPION</i>	<i>4 X 800 RELAY</i>	<i>8:11.79</i>	<i>OUTDOOR</i>
<i>NATE MCINTIRE</i>	<i>CHAMPION</i>	<i>4 X 800 RELAY</i>	<i>8:11.79</i>	<i>OUTDOOR</i>
<i>ERIC KLEIN</i>	<i>CHAMPION</i>	<i>4 X 800 RELAY</i>	<i>8:11.79</i>	<i>OUTDOOR</i>
<i>MATT SCHAFFER</i>	<i>CHAMPION</i>	<i>4 X 800 RELAY</i>	<i>8:11.79</i>	<i>OUTDOOR</i>
<i>KARI TORGERSON</i>	<i>CHAMPION</i>	<i>DISCUS</i>	<i>135' 0</i>	<i>OUTDOOR</i>
<i>KOREY KRIZ</i>	<i>CHAMPION</i>	<i>800M RUN</i>	<i>1:55.96</i>	<i>INDOOR</i>
<i>KOREY KRIZ</i>	<i>CHAMPION</i>	<i>4 X 400 RELAY</i>	<i>3:30.43</i>	<i>INDOOR</i>
<i>MATT SCHAFFER</i>	<i>CHAMPION</i>	<i>4 X 400 RELAY</i>	<i>3:30.43</i>	<i>INDOOR</i>
<i>NATE MCINTIRE</i>	<i>CHAMPION</i>	<i>4 X 400 RELAY</i>	<i>3:30.43</i>	<i>INDOOR</i>
<i>BRIAN DIXON</i>	<i>CHAMPION</i>	<i>4 X 400 RELAY</i>	<i>3:30.43</i>	<i>INDOOR</i>
Jeremiah Herron	2 nd	3000m Steeplechase	9:41.35	Outdoor
Brian Dixon	2 nd	110m hurdles	14.73	Outdoor
Brian Dixon	2 nd	400m hurdles	55.67	Outdoor
Erin Oswald	2 nd	200m dash	26.57	Indoor
Erin Oswald	2 nd	400m dash	59.07	Indoor
Matt Schaffer	2 nd	400m dash	51.72	Indoor
Brian Dixon	2 nd	55m hurdles	7.78	Indoor
Brian Dixon	2 nd	Pentathlon	3,227	Indoor
Cole Liska	2 nd	Triple Jump	44' 6 ¼"	Indoor
Ryan Leriger	2 nd	Long Jump	22' 9 ¾"	Indoor
Jeremiah Herron	9 th	8000m	26:27.5	XC

HONORABLE MENTION – (16)

Phil Esslinger	3 rd	Pole Vault	13' 11 ¾"	Outdoor
Ben Crabtree	3 rd	5000m run	15:41.65	Outdoor
Ben Crabtree	3 rd	10000m run	32:32.83	Outdoor
Lindsey Stockwell	3 rd	Shot Put	41' 0 ½"	Outdoor
Tanna Walford	3 rd	High Jump	5' 3 ¼"	Outdoor
Jodi Rhodig	2 nd	4 x 400 Relay	4:06.18	Indoor
Angie Kraus	2 nd	4 x 400 Relay	4:06.18	Indoor
Ashley Smith	2 nd	4 x 400 Relay	4:06.18	Indoor
Erin Oswald	2 nd	4 x 400 Relay	4:06.18	Indoor
Korey Kriz	2 nd	4 x 800 Relay	8:08.36	Indoor
Nate McIntire	2 nd	4 x 800 Relay	8:08.36	Indoor
Eric Klein	2 nd	4 x 800 Relay	8:08.36	Indoor
Matt Schaffer	2 nd	4 x 800 Relay	8:08.36	Indoor
Jeremiah Herron	3 rd	5000m run	16:00.53	Indoor
Eric Havranek	3 rd	Long Jump	22' 9 ¾"	Indoor
Tiffany Schacher	3 rd	55m Hurdles	8.67	Indoor

Cross Country

Women – 6th – 126 points
Men – 3rd – 85 points

Indoor Track

Women – 4th – 92 points
Men – 2nd – 125 points

Outdoor Track

Women – 5th – 79 points
Men – 3rd – 135.5 points

Wayne State College

NSIC All-Conference Athletes & Teams

2004-05

Coach Marlon Brink

CHAMPIONS (13) & ALL CONFERENCE – (21)

MATT SCHNEIDER	CHAMPION	3000M STEEPLE	9:36.9	OUTDOOR
KATIE WILSON	CHAMPION	SHOT PUT	43' 1 1/2"	OUTDOOR
LINDSEY STOCKWELL	CHAMPION	DISCUS	152' 3"	OUTDOOR
JJ WASHINGTON	CHAMPION	LONG JUMP	23' 3 1/4"	INDOOR
MATT SCHNEIDER	CHAMPION	MILE	4:26.16	INDOOR
MATT SCHNEIDER	CHAMPION	5000 M RUN	15:43.89	INDOOR
MATT SCHNEIDER	CHAMPION	DMR RELAY	10:31.24	INDOOR
ERIC KLEIN	CHAMPION	DMR RELAY	10:31.24	INDOOR
KELLY BRINK	CHAMPION	DMR RELAY	10:31.24	INDOOR
NATE MCINTIRE	CHAMPION	DMR RELAY	10:31.24	INDOOR
TANNA WALFORD	CHAMPION	HIGH JUMP	5' 7 3/4"	INDOOR
KATIE WILSON	CHAMPION	SHOT PUT	44' 5 3/4"	INDOOR
ERIN OSWALD	CHAMPION	800M RUN	2:23.18	INDOOR
Lindsey Stockwell	2 nd	Javelin	118' 0	Outdoor
Katie Wilson	2 nd	Discus	144' 7	Outdoor
Tanna Walford	2 nd	High Jump	5' 5 3/4"	Outdoor
Heath Grone	2 nd	High Jump	6' 4 3/4"	Outdoor
Rachel Roebke	2 nd	100m Hurdles	15.49	Outdoor
Erin Oswald	2 nd	800m Run	2:24.30	Outdoor
Erin Norenberg	2 nd	3000m Steeplechase	12:13.3	Outdoor
Jeremiah Herron	2 nd	3000m Steeplechase	9:44.2	Outdoor
Erin Norenberg	2 nd	5000m Run	20:40.70	Outdoor
Nicole McCoy	2 nd	10000m Run	41:58.57	Outdoor
Ben Crabtree	2 nd	10000m Run	33:21.39	Outdoor
Nate McIntire	2 nd	800m Run	1:59.56	Indoor
Ben Crabtree	2 nd	5000m Run	15:47.05	Indoor
Erin Oswald	2 nd	400m Run	59.22	Indoor
Angie Kraus	2 nd	600m Run	1:44.70	Indoor
Rachel Roebke	2 nd	55m Hurdles	8.64	Indoor
Lindsey Stockwell	2 nd	Shot Put	42' 0 1/4"	Indoor
Jeremiah Herron	2 nd	8000m	27:36	XC
Matt Schneider	3 rd	8000m	27:39	XC
Ben Crabtree	9 th	8000m	28:12	XC
Ashley Smith	9 th	6000m	25:06	XC

2004-05

(Continued)

HONORABLE MENTION – (22)

Kari Torgerson	3 rd	Shot Put	40' 2 ¾"	Outdoor
Lindsey Stockwell	3 rd	Hammer	149' 10	Outdoor
Kari Torgerson	3 rd	Discus	143' 7	Outdoor
Matt Schneider	3 rd	1500m Run	4:11.33	Outdoor
Haley Reeves	3 rd	5000m Run	20:55.40	Outdoor
Ben Crabtree	3 rd	5000m Run	15:52.30	Outdoor
Jeremiah Herron	3 rd	10000m Run	34:18.08	Outdoor
Eric Klein	2 nd	4 x 800m Relay	8:04.20	Outdoor
Matt Schneider	2 nd	4 x 800m Relay	8:04.20	Outdoor
Matt Schaffer	2 nd	4 x 800m Relay	8:04.20	Outdoor
Nate McIntire	2 nd	4 x 800m Relay	8:04.20	Outdoor
Jeremiah Herron	3 rd	5000m Run	15:51.10	Indoor
Heath Grone	3 rd	High Jump	6' 4"	Indoor
Jeremy Eickman	3 rd	Shot Put	50' 0 ¼"	Indoor
Jodi Rhodig	3 rd	200m Dash	27.17	Indoor
Jodi Rhodig	3 rd	400m Run	59.90	Indoor
Nicole McCoy	3 rd	5000m Run	19:35.67	Indoor
Lindsey Stockwell	3 rd	20# Weight Throw	48' 6 ¼"	Indoor
Angie Kraus	2 nd	4 x 400m Relay	4:06.15	Indoor
Jodi Rhodig	2 nd	4 x 400m Relay	4:06.15	Indoor
Ashley Smith	2 nd	4 x 400m Relay	4:06.15	Indoor
Erin Oswald	2 nd	4 x 400m Relay	4:06.15	Indoor

Cross Country

Women – 5th – 92 points

Men – 3rd – 58 points

Indoor Track

Women – 2nd – 109 points

Men – 4th – 99 points

Outdoor Track

Women – 2nd – 142 points

Men – 4th – 82 points

Wayne State College

NSIC All-Conference Athletes & Teams

2005-06

Coach Marlon Brink

CHAMPIONS (30) & ALL CONFERENCE - (32)

ERIN NOREBERG	CHAMPION	6000M	22:30	XC
HALEY REEVES	CHAMPION	DISTANCE MED.	12:49.06	INDOOR
ASHLEY SMITH	CHAMPION	DISTANCE MED.	12:49.06	INDOOR
ERIN OSWALD	CHAMPION	DISTANCE MED.	12:49.06	INDOOR
NICOLE MCCOY	CHAMPION	DISTANCE MED.	12:49.06	INDOOR
ERIN OSWALD	CHAMPION	600M RUN	1:37.49	INDOOR
ERIN OSWALD	CHAMPION	1000M RUN	3:16.22	INDOOR
NICOLE MCCOY	CHAMPION	5000M RUN	18:33.17	INDOOR
TANNA WALFORD	CHAMPION	HIGH JUMP	5' 4¼"	INDOOR
KATIE WILSON	CHAMPION	SHOT PUT	48' 1¾"	INDOOR
CASEY IDE	CHAMPION	DISTANCE MED.	10:22.86	INDOOR
RYAN WILLIAMS	CHAMPION	DISTANCE MED.	10:22.86	INDOOR
BEN JANSEN	CHAMPION	DISTANCE MED.	10:22.86	INDOOR
MATT SCHNEIDER	CHAMPION	DISTANCE MED.	10:22.86	INDOOR
BEN JANSEN	CHAMPION	800M RUN	1:56.73	INDOOR
MATT SCHNEIDER	CHAMPION	1000M RUN	2:37.11	INDOOR
HALEY REEVES	CHAMPION	5000M RUN	19:20.65	OUTDOOR
NICOLE MCCOY	CHAMPION	10000M RUN	41:41.61	OUTDOOR
RACHEL ROEBKE	CHAMPION	100M HURDLES	14.74	OUTDOOR
TANNA WALFORD	CHAMPION	HIGH JUMP	5' 4¼"	OUTDOOR
LINDSEY STOCKWELL	CHAMPION	DISCUS	147' 1"	OUTDOOR
BEN JANSEN	CHAMPION	400M DASH	49.30	OUTDOOR
BEN JANSEN	CHAMPION	800M RUN	1:56.40	OUTDOOR
MATT SCHNEIDER	CHAMPION	3000M STEEPLE	9:52.43	OUTDOOR
NATE MCINTIRE	CHAMPION	4 X 800 RELAY	8:02.56	OUTDOOR
CASEY IDE	CHAMPION	4 X 800 RELAY	8:02.56	OUTDOOR
RYAN WILLIAMS	CHAMPION	4 X 800 RELAY	8:02.56	OUTDOOR
BEN JANSEN	CHAMPION	4 X 800 RELAY	8:02.56	OUTDOOR
TIM PILAKOWSKI	CHAMPION	LONG JUMP	23' 4"	OUTDOOR
JJ WASHINGTON	CHAMPION	TRIPLE JUMP	45' 8 ¾"	OUTDOOR
Haley Reeves	2 nd	6000m	22:31	XC
Nicole McCoy	7 th	6000m	23:07	XC
Matt Schneider	2 nd	8000m	28:07	XC
Jeremiah Herron	4 th	8000m	28:31	XC
Casey Ide	6 th	8000m	28:50	XC
Ben Crabtree	7 th	8000m	28:57	XC
Rachel Roebke	2 nd	55m Hurdles	8.39	Indoor
Ashley Smith	2 nd	800m Run	2:31.59	Indoor
Erin Norenberg	2 nd	5000m Run	18:46.93	Indoor
Tiffany Schacher	2 nd	High Jump	5' 0 ¼"	Indoor
Lindsey Stockwell	2 nd	Weight Throw	55' 9 ¾"	Indoor
JJ Washington	2 nd	55m Dash	6.52	Indoor
Garrett Flamig	2 nd	55m Hurdles	7.86	Indoor
Nate McIntire	2 nd	600m Run	1:23.78	Indoor
Casey Ide	2 nd	1000m Run	2:38.41	Indoor
Matt Schneider	2 nd	Mile	4:21.58	Indoor

Ben Crabtree	2 nd	5000m Run	15:23.79	Indoor
JJ Washington	2 nd	Long Jump	22' 8½"	Indoor
Nicole McCoy	2 nd	5000m Run	19:43.07	Outdoor
Haley Reeves	2 nd	10000m Run	41:47.53	Outdoor
Katie Wilson	2 nd	Shot Put	46' 0¾"	Outdoor
Katie Wilson	2 nd	Discus	142' 3"	Outdoor
Lindsey Stockwell	2 nd	Hammer Throw	157' 1"	Outdoor
Lindsey Stockwell	2 nd	Javelin	110' 9"	Outdoor
JJ Washington	2 nd	100m Dash	10.76	Outdoor
JJ Washington	2 nd	200m Dash	22.33	Outdoor
Garrett Flamig	2 nd	110m Hurdles	14.74	Outdoor
Garrett Flamig	2 nd	400m Hurdles	57.86	Outdoor
Jeremiah Herron	2 nd	3000m Steeple	9:59.74	Outdoor
Matt Doggett	2 nd	Pole Vault	15' 5½"	Outdoor
JJ Washington	2 nd	Long Jump	23' 0"	Outdoor
Tim Pilakowski	2 nd	Triple Jump	44' 8¼"	Outdoor

HONORABLE MENTION – (24)

Haley Reeves	3 rd	5000m Run	19:08.97	Indoor
Katie Wilson	3 rd	Weight Throw	52' 1¼"	Indoor
Tim Pilakowski	3 rd	Long Jump	22' 4½"	Indoor
Tim Pilakowski	3 rd	Triple Jump	44' 5¼"	Indoor
Jeremy Eickman	3 rd	Shot Put	49' 5¾"	Indoor
Pete Ray	3 rd	55m Hurdles	8.08	Indoor
Ryan Williams	3 rd	800m Run	1:58.85	Indoor
Nathaniel Bergen	3 rd	1000m Run	2:39.45	Indoor
Jeremiah Herron	3 rd	5000m Run	15:45.92	Indoor
Erin Norenberg	3 rd	10000m Run	42:15.08	Outdoor
Tiffany Schacher	3 rd	100m Hurdles	15.35	Outdoor
Nicole McCoy	3 rd	3000m Steeple	12:15.31	Outdoor
Tiffany Schacher	3 rd	Heptathlon	3,946 points	Outdoor
Matt Schaffer	2 nd	4 x 400 Relay	3:21.47	Outdoor
Kelly Brink	2 nd	4 x 400 Relay	3:21.47	Outdoor
Ryan Williams	2 nd	4 x 400 Relay	3:21.47	Outdoor
Ben Jansen	2 nd	4 x 400 Relay	3:21.47	Outdoor
Matt Schaffer	3 rd	400m Dash	49.99	Outdoor
Ryan Williams	3 rd	800m Run	1:58.41	Outdoor
Ben Crabtree	3 rd	10000m Run	33:57.65	Outdoor
Cody Gregory	3 rd	400m Hurdles	58.49	Outdoor
Pete Ray	3 rd	Long Jump	22' 3½"	Outdoor
Jeremy Eickman	3 rd	Shot Put	47' 7"	Outdoor
Andrew Weidel	3 rd	Javelin	165' 1"	Outdoor

Cross Country

Women – 2nd – 58 points

Men – 1st – 38 points*

Indoor Track

Women – 2nd – 122 points

Men – 1ST – 166 points*

Outdoor Track

Women – 3rd – 150 points

Men – 1st – 225 points*

* = 1st NSIC Team Championship in WSC school history

Wayne State College

NSIC All-Conference Athletes & Teams

2006-07

Coach Marlon Brink

CHAMPIONS (1) & ALL CONFERENCE - (3)

JEREMIAH HERRON	CHAMPION	8000M	27:04	XC
Megan Zavorka	2 nd	6000m	23:30	XC
Melissa Schmit	3 rd	6000m	24:07	XC
Sarah Thomsen	8 th	6000m	24:48	XC

HONORABLE MENTION – ()

Cross Country

Women – 1st – 36 points *

Men – 4th – 85 points

Indoor Track

Women

Men

Outdoor Track

Women

Men

* = 1st NSIC Team Championship in WSC school history