

# Wayne State College Indoor Top Ten List - Women

**BOLD = Current WSC Athlete**

## 55-Meter Dash

|     |       |                    |         |
|-----|-------|--------------------|---------|
| 1.  | 7.18  | Charronna Chambers | 2/11/95 |
| 2.  | 7.36  | Traci Bernecker    | 1/19/02 |
|     | 7.36y | Kelley Peterson    | 1983    |
| 4.  | 7.47  | Tammi Miller       | 1990    |
| 5.  | 7.51  | Missy Stoltenberg  | 1985    |
| 6.  | 7.3y  | Vicki Quaites      | 1982    |
| 7.  | 7.4   | Jenny Jacobsen     | 1993    |
| 8.  | 7.70  | Aisha Todd         | 3/03/00 |
| 9.  | 7.5   | Patricia James     | 1994    |
| 10. | 7.76y | Naomi LeGrand      | 1/31/97 |
|     | 7.76  | Sarah Pinkston     | 1991    |

## 60-Meter Dash

|     |             |                         |                |
|-----|-------------|-------------------------|----------------|
| 1.  | 8.09        | Traci Bernecker         | 1/26/02        |
| 2.  | <b>8.42</b> | <b>Trisha Buss</b>      | <b>1/13/06</b> |
| 3.  | <b>8.44</b> | <b>Rachel Roebke</b>    | <b>12/8/05</b> |
| 4.  | 8.51        | <b>Tiffany Schacher</b> | 12/6/03        |
| 5.  | 8.65        | Bobbi Jacobsen          | 1/26/02        |
| 6.  | 8.6         | Amy Schroeder           | 2/22/96        |
| 7.  | <b>8.78</b> | <b>Jade Lippman</b>     | <b>1/13/06</b> |
| 8.  | 8.91        | Melissa Green           | 12/11/03       |
| 9.  | 8.93        | Elizabeth Bridgeford    | 2/20/03        |
| 10. | 9.12        | Kari Droscher           | 2/21/98        |

## 200-Meter Dash

|     |              |                      |                |
|-----|--------------|----------------------|----------------|
| 1.  | 26.18        | Traci Bernecker      | 1/19/02        |
| 2.  | 26.41        | <b>Erin Oswald</b>   | 2/28/04        |
| 3.  | 26.44        | Jodi Rhodig          | 2/13/04        |
| 4.  | 26.97        | Aisha Todd           | 3/03/00        |
| 5.  | 27.19+       | Marian Borgmann      | 1982           |
| 6.  | <b>27.24</b> | <b>Rachel Roebke</b> | <b>1/28/06</b> |
| 7.  | 27.92        | Naomi LeGrand        | 2/15/97        |
| 8.  | 27.95        | Tammi Miller         | 1989           |
| 9.  | <b>27.99</b> | <b>Trisha Buss</b>   | <b>12/8/05</b> |
| 10. | 28.04        | Jennifer Jacobsen    | 1993           |

## 400-Meter Dash

|     |                |                    |                |
|-----|----------------|--------------------|----------------|
| 1.  | 59.07          | <b>Erin Oswald</b> | 2/28/04        |
| 2.  | 59.18          | Cindy Heesacker    | 1985           |
| 3.  | 59.29          | Jodi Rhodig        | 2/13/04        |
| 4.  | 1:00.71        | Amy Gudmundson     | 3/1/96         |
| 5.  | 1:01.98+       | Marian Borgmann    | 1983           |
| 6.  | 1:02.3         | Ann Eisenmenger    | 1989           |
| 7.  | <b>1:02.85</b> | <b>Trisha Buss</b> | <b>2/11/06</b> |
| 8.  | 1:03.04        | Marsha Krienke     | 2/21/98        |
| 9.  | 1:03.0         | Kelly Bausch       | 2/10/96        |
| 10. | 1:03.2         | Jackie Heese       | 1992           |

## 600-Yard Run

|     |         |                     |         |
|-----|---------|---------------------|---------|
| 1.  | 1:26.4  | Cindy Heesacker     | 1986    |
| 2.  | 1:33.33 | Marsha Krienke      | 1/24/98 |
| 3.  | 1:33.35 | <b>Ashley Smith</b> | 1/24/04 |
| 4.  | 1:33.76 | Darr Nickerson      | 1/24/98 |
| 5.  | 1:33.86 | Anne Lunsford       | 1991    |
| 6.  | 1:34.08 | Kelly Bausch        | 1/25/97 |
| 7.  | 1:34.55 | Angie Kraus         | 1/25/03 |
| 8.  | 1:38.73 | Michelle Baatz      | 1/20/96 |
| 9.  | 1:38.89 | Brenna Pribil       | 1/25/03 |
| 10. | 1:40.82 | Audrey Emanuel      | 1/25/03 |

## 600-Meter Run

|    |                |                    |                |
|----|----------------|--------------------|----------------|
| 1. | <b>1:37.49</b> | <b>Erin Oswald</b> | <b>2/25/06</b> |
| 2. | 1:42.45        | Angie Kraus        | 2/28/03        |
| 3. | 1:42.93        | Marsha Krienke     | 1/22/00        |
| 4. | 1:48.11        | Katie Malander     | 2/8/03         |
| 5. | 1:53.72        | Audrey Emanuel     | 1/27/01        |
| 6. | 1:56.26        | Jeanne Luebbe      | 1/27/01        |
| 7. | 1:56.31        | April Schmidt      | 2/16/02        |
| 8. | 2:04.76        | Tiffany Schacher   | 1/31/04        |

## 800-Meter Run

|     |         |                     |         |
|-----|---------|---------------------|---------|
| 1.  | 2:17.68 | <b>Erin Oswald</b>  | 2/11/05 |
| 2.  | 2:17.96 | Marsha Krienke      | 3/04/00 |
| 3.  | 2:18.64 | Jackie Heese        | 1992    |
| 4.  | 2:24.8  | Kathy Dalton        | 2/8/97  |
| 5.  | 2:25.73 | <b>Ashley Smith</b> | 12/6/03 |
| 6.  | 2:27.34 | Audrey Emanuel      | 2/16/02 |
| 7.  | 2:28.69 | Angie Kraus         | 2/13/04 |
| 8.  | 2:29.09 | Anne Lunsford       | 1991    |
| 9.  | 2:29.1+ | Darr Nickerson      | 2/7/98  |
| 10. | 2:29.86 | Jodi Rhodig         | 1/23/04 |

## 1000-Meter Run

|     |          |                     |         |
|-----|----------|---------------------|---------|
| 1.  | 3:05.24  | Marsha Krienke      | 2/05/00 |
| 2.  | 3:08.16  | Darr Nickerson      | 3/04/00 |
| 3.  | 3:08.28  | Audrey Emanuel      | 2/13/04 |
| 4.  | 3:10.8   | Kathy Dalton        | 2/23/95 |
| 5.  | 3:11.11+ | Anne Lunsford       | 1990    |
| 6.  | 3:11.93  | <b>Ashley Smith</b> | 2/14/04 |
| 7.  | 3:16.22  | Erin Oswald         | 2/25/06 |
| 8.  | 3:16.73  | April Sachau        | 2/16/02 |
| 9.  | 3:20.67+ | Jennifer Kennedy    | 1992    |
| 10. | 3:22.79  | <b>Nicole McCoy</b> | 2/15/03 |

## 1500-Meter Run

|     |                     |                  |         |
|-----|---------------------|------------------|---------|
| 1.  | 4:55.0 <sup>o</sup> | Kathy Dalton     | 2/28/97 |
| 2.  | 4:55.5 <sup>o</sup> | Stefanie Senn    | 3/1/96  |
| 3.  | 5:12.0              | Jackie Heese     | 2/5/94  |
| 4.  | 5:20.6              | Darr Nickerson   | 1/22/00 |
| 5.  | 5:21.5              | Lynn Surber      | 1984    |
| 6.  | 5:25.8              | Jennifer Kennedy | 1992    |
| 7.  | 5:26.21             | Keri Kamrath     | 1990    |
| 8.  | 5:33.2              | Ann Kube         | 2/9/83  |
| 9.  | 5:35.1              | Angie Chvala     | 1992    |
| 10. | 5:37.1              | Connie Brown     | 1991    |

Notes:<sup>o</sup>denotes split en route to a longer dist.

## One-Mile Run

|     |                |                     |                |
|-----|----------------|---------------------|----------------|
| 1.  | 5:14.60        | Kathy Dalton        | 2/28/97        |
| 2.  | 5:16.04        | Stefanie Senn       | 3/1/96         |
| 3.  | 5:20.75        | Darr Nickerson      | 3/04/00        |
| 4.  | 5:25.62        | <b>Nicole McCoy</b> | 2/11/06        |
| 5.  | 5:27.92        | Audrey Emanuel      | 2/28/04        |
| 6.  | <b>5:28.53</b> | <b>Haley Reeves</b> | <b>2/11/06</b> |
| 7.  | 5:32.34        | <b>Ashley Smith</b> | 2/13/04        |
| 8.  | 5:33.30        | Jennifer Kennedy    | 1993           |
| 9.  | 5:33.5         | Lynn Surber         | 1984           |
| 10. | 5:34.1         | Jackie Heese        | 1994           |

## Combined Mile/1500-Meter Run (to Mile)

|     |         |                     |         |
|-----|---------|---------------------|---------|
| 1.  | 5:14.60 | Kathy Dalton        | 2/28/97 |
| 2.  | 5:16.04 | Stefanie Senn       | 3/1/96  |
| 3.  | 5:20.75 | Darr Nickerson      | 3/04/00 |
| 4.  | 5:32.34 | <b>Ashley Smith</b> | 2/13/04 |
| 5.  | 5:33.30 | Jennifer Kennedy    | 1993    |
| 6.  | 5:33.5  | Lynn Surber         | 1984    |
| 7.  | 5:34.1  | Jackie Heese        | 1994    |
| 8.  | 5:40.08 | Audrey Emanuel      | 2/23/01 |
| 9.  | 5:40.10 | <b>Nicole McCoy</b> | 1/31/04 |
| 10. | 5:44.1  | April Sachau        | 2/2/02  |

## 3000-Meter Run

|     |                      |                       |                |
|-----|----------------------|-----------------------|----------------|
| 1.  | <b>10:44.49</b>      | <b>Nicole McCoy</b>   | <b>1/28/06</b> |
| 2.  | 10:47.00             | Stefanie Senn         | 1/25/97        |
| 3.  | 10:47.74             | Darr Nickerson        | 2/15/02        |
| 4.  | <b>10:48.04</b>      | <b>Erin Norenberg</b> | <b>1/28/06</b> |
| 5.  | 10:52.4              | Jennifer Kennedy      | 1992           |
| 6.  | <b>10:55.78</b>      | <b>Haley Reeves</b>   | <b>2/04/06</b> |
| 7.  | 11:05.0 <sup>o</sup> | Kathy Dalton          | 3/1/96         |
| 8.  | 11:31.50             | April Sachau          | 1/27/01        |
| 9.  | 11:32.36             | Marsha Krienke        | 2/12/00        |
| 10. | 11:33.73             | <b>Ashley Smith</b>   | 2/5/05         |

## 5000-Meter Run

|     |                 |                       |                |
|-----|-----------------|-----------------------|----------------|
| 1.  | <b>18:09.52</b> | <b>Nicole McCoy</b>   | <b>2/17/06</b> |
| 2.  | 18:32.88        | Kathy Dalton          | 3/1/96         |
| 3.  | 18:33.38        | Darr Nickerson        | 2/2/02         |
| 4.  | <b>18:42.63</b> | <b>Erin Norenberg</b> | <b>1/27/06</b> |
| 5.  | 19:00.02        | Haley Reeves          | 2/17/06        |
| 6.  | 19:39.44        | Kara Gebhardt         | 1/30/98        |
| 7.  | 19:45.0         | Jennifer Kennedy      | 1992           |
| 8.  | 19:48.6         | Stefanie Senn         | 2/10/96        |
| 9.  | 19:58.04        | April Sachau          | 2/03/01        |
| 10. | 20:15.02        | Amy Wintz             | 2/21/98        |

## 55-Meter Hurdles

|     |             |                         |                |
|-----|-------------|-------------------------|----------------|
| 1.  | 8.23y       | Kelley Peterson         | 1982           |
| 2.  | 8.39        | Rachel Roebke           | 2/25/06        |
| 3.  | 8.67        | <b>Tiffany Schacher</b> | 2/28/04        |
| 4.  | 8.99        | Kendra Mowery           | 1993           |
| 5.  | 9.06        | <b>Tanna Walford</b>    | 2/14/04        |
| 6.  | <b>9.07</b> | <b>Jade Lippman</b>     | <b>2/24/06</b> |
| 7.  | 9.12        | Carin Bures             | 1991           |
| 8.  | 9.19        | Jennifer Robotham       | 1991           |
| 9.  | 9.32y       | Mary Jo Christen        | 1978           |
| 10. | 9.43        | Brenna Pribil           | 2/6/04         |

## 60-Meter Hurdles

|     |             |                         |                |
|-----|-------------|-------------------------|----------------|
| 1.  | <b>9.11</b> | <b>Rachel Roebke</b>    | <b>2/4/06</b>  |
| 2.  | 9.60        | <b>Tiffany Schacher</b> | 1/26/02        |
| 3.  | <b>9.87</b> | <b>Jade Lippman</b>     | <b>2/04/06</b> |
| 4.  | <b>9.91</b> | <b>Trisha Buss</b>      | <b>12/8/05</b> |
| 5.  | 9.93        | <b>Tanna Walford</b>    | 2/5/05         |
| 6.  | 10.16       | Elizabeth Bridgeford    | 2/20/03        |
| 7.  | 10.16       | Brenna Pribil           | 12/11/03       |
| 8.  | 10.26       | Angie Kraus             | 1/12/02        |
| 9.  | 10.35       | Dustina Buoy            | 1/26/02        |
| 10. | 10.56       | Stephannie Potter       | 2/9/02         |

## Shot Put

|     |                   |                          |                |
|-----|-------------------|--------------------------|----------------|
| 1.  | <b>48' 1 3/4"</b> | <b>Katie Wilson</b>      | <b>2/24/06</b> |
| 2.  | 44' 4"            | Diana Asay               | 1986           |
| 3.  | 43' 7"            | Stacy Dieckman           | 1990           |
| 4.  | 43' 4 1/2"        | Tracie Fehring           | 2/16/02        |
| 5.  | 42' 6"            | Tracy Newberger          | 1984           |
| 6.  | 42' 0 1/4"        | <b>Lindsey Stockwell</b> | 2/26/05        |
| 7.  | 41' 8 1/2"        | Angie Kment              | 2/18/99        |
| 8.  | 41' 5"            | Kris Herrmann            | 1992           |
| 9.  | 41' 3"            | Kari Torgerson           | 2/18/05        |
| 10. | 41' 2"            | Joan Heller              | 1993           |

## High Jump

|     |              |                      |                |
|-----|--------------|----------------------|----------------|
| 1.  | 5' 7 1/4"    | <b>Tanna Walford</b> | 2/11/06        |
| 2.  | 5' 6"        | Vicki Byrkit         | 1984           |
| 3.  | 5' 5"        | Laura Martin         | 2/7/98         |
| 4.  | 5' 4"        | Lisa Barr            | 2/26/05        |
| 5.  | 5' 2"        | Kathy Meyer          | 1987           |
| 6.  | <b>5' 1"</b> | <b>Jade Lippman</b>  | <b>2/11/06</b> |
|     | 5' 1"        | Brenna Pribil        | 2/26/04        |
|     | 5' 1"        | Amy Budde            | 1989           |
| 9.  | 5' 0 1/4"    | Tiffany Schacher     | 2/24/06        |
| 10. | 5' 0"        | Cinda Wheeler        | 2/23/95        |
|     | 5' 0"        | Amber Johnson        | 2/29/03        |

## Long Jump

|     |            |                  |         |
|-----|------------|------------------|---------|
| 1.  | 18' 3 3/4" | Tammi Miller     | 1990    |
| 2.  | 18' 2"     | Linda Schnitzler | 1989    |
| 3.  | 17' 10"    | Laura Martin     | 2/21/98 |
| 4.  | 17' 8"     | Brenna Pribil    | 2/27/04 |
| 5.  | 17' 6 1/4" | Deanna Gollobit  | 2/18/99 |
| 6.  | 17' 4"     | Jenna Belz       | 1993    |
| 7.  | 17' 3 1/2" | Amy Gudmundson   | 1/21/95 |
| 8.  | 16' 9"     | Tiffani Jensen   | 1990    |
| 9.  | 16' 8 1/2" | Roni Jackson     | 1992    |
| 10. | 16' 3"     | Stephanie Lilja  | 2/23/95 |

**Triple Jump**

|     |         |                 |          |
|-----|---------|-----------------|----------|
| 1.  | 37' 4"  | Deanna Gollobit | 2/18/99  |
| 2.  | 36' 6"  | Tammi Miller    | 1990     |
| 3.  | 35' 2"  | Brenna Pribil   | 12/11/03 |
| 4.  | 35' 1¼" | Satu Riutta     | 2/8/99   |
| 5.  | 34' 9"  | Jenna Belz      | 1993     |
| 6.  | 34' 1¾" | Bobbi Jacobsen  | 1/18/03  |
| 7.  | 33' 6"  | Kate Oswald     | 2/26/05  |
| 8.  | 32' 5"  | Jennifer Olson  | 1/30/98  |
| 9.  | 32' 2½" | Tiffani Jensen  | 1990     |
| 10. | 32' 1½" | Dustina Buoy    | 1/26/02  |

**20# Weight Throw**

|    |          |                   |         |
|----|----------|-------------------|---------|
| 1. | 55' 9 ¾" | Lindsey Stockwell | 2/25/06 |
| 2. | 54' 3 ¼" | Katie Wilson      | 2/04/06 |
| 3. | 48' 4 ½" | Lacey Jensen      | 2/25/06 |
| 4. | 45' 8"   | Tracie Fehringer  | 2/23/02 |
| 5. | 42' 0 ½" | Amy Smith         | 1/19/06 |
| 6. | 38' 7"   | Stacey Schulz     | 2/29/03 |

**Pole Vault**

|    |        |                |         |
|----|--------|----------------|---------|
| 1. | 10' 8" | Katie Malander | 2/27/04 |
| 2. | 9' 6¼" | Melissa Green  | 1/23/04 |
| 3. | 9' 2"  | Angie Kraus    | 1/26/02 |

**Pentathlon**

|    |      |                  |         |
|----|------|------------------|---------|
| 1. | 2957 | Brenna Pribil    | 2/26/04 |
| 2. | 2856 | Tanna Walford    | 2/26/04 |
| 3. | 2799 | Tiffany Schacher | 12/8/05 |
| 4. | 2522 | Jade Lippman     | 2/12/06 |

**1600-Meter Relay**

|     |         |  |         |
|-----|---------|--|---------|
| 1.  | 4:06.18 | Angie Kraus, Ashley Smith, Jodi Rhodig, Erin Oswald                                    | 2/28/04 |
| 2.  | 4:06.45 | Angie Kraus, Jodi Rhodig, Ashley Smith, Erin Oswald                                    | 2/26/05 |
| 3.  | 4:12.47 | Traci Bernecker, Angie Kraus, Tiffany Schacher, Jodi Rhodig                            | 2/16/02 |
| 4.  | 4:12.81 | Rachel Roebke, Jade Lippman, Ashley Smith, Erin Oswald (61.8, 64.5, 66.1, 60.1)        | 2/25/06 |
| 5.  | 4:13.0  | N/A  | 1986    |
| 6.  | 4:15.57 | Angie Kraus, Brenna Pribil, Katie Malander, Jodi Rhodig                                | 2/15/03 |
| 7.  | 4:17.4  | N/A  | 1987    |
| 8.  | 4:17.68 | Trisha Buss, Rachel Roebke, Erin Oswald, Ashley Smith (64.3, 65.9, 60.4, 66.8)         | 2/11/06 |
| 9.  | 4:18.39 | Traci Bernecker, Jennifer Olson, Tabbi Raasch, Marsha Krienke (64.6, 67.0, 65.5, 61.1) | 3/04/00 |
| 10. | 4:18.71 | Roni Jackson, Kathy Dalton, Charronna Chambers, Jackie Heese                           | 1994    |

**3200-Meter Relay**

|     |          |  |         |
|-----|----------|--|---------|
| 1.  | 9:45.08  | Angie Kraus, Jodi Rhodig, Erin Oswald, Ashley Smith (2:27.5, 2:24.7, 2:25.6, 2:26.9)         | 1/31/04 |
| 2.  | 10:12.52 | Audrey Emanuel, Katie Malander, Erin Norenberg, Nicole McCoy                                 | 1/29/03 |
| 3.  | 10:16.73 | Darr Nickerson, Michelle Baatz, Amy Wintz, Marsha Krienke (2:31.3, 2:33.7, 2:40.7, 2:31.0)   | 2/21/98 |
| 4.  | 10:20.3  | Kathy Dalton, Michelle Baatz, Stefanie Senn, Marsha Krienke (2:29.5, 2:39.0, 2:32.4, 2:35.3) | 2/8/97  |
| 5.  | 10:28.27 | Marsha Krienke, Darr Nickerson, Jeana Luebke, April Sachau (2:24.5, 2:30.9, 2:47.9, 2:44.8)  | 2/19/00 |
| 6.  | 10:29.7  | Stefanie Senn, Lisa Thompson, Michelle Baatz, Kathy Dalton                                   | 2/10/96 |
| 7.  | 10:31.0  | Kathy Dalton, Roni Jackson, Jackie Heese, Jenna Belz   | 1994    |
| 8.  | 10:45.13 | April Sachau, Jeana Luebke, Jennifer Olson, Shannon Short (2:36.1, 2:39.6, 2:44.8, 2:44.7)   | 3/03/00 |
| 9.  | 11:13.1  | N/A  | 1980    |
| 10. | 11:29.0+ | Sally Schwede, Lori Erwin, Judy Martin, Laura Peters   | 1978    |

**Distance Medley Relay**

|     |          |  |         |
|-----|----------|--|---------|
| 1.  | 12:49.06 | Haley Reeves, Ashley Smith, Erin Oswald, Nicole McCoy (4:01.0, 65.6, 2:21.7, 5:21.7)           | 2/25/06 |
| 2.  | 12:53.2  | Michelle Baatz, Amy Gudmundson, Kathy Dalton, Stefanie Senn (2:34.7, 1:02.0, 3:55.3, 5:21.2)   | 2/17/96 |
| 3.  | 13:12.3+ | Marsha Krienke, Kelly Bausch, Kathy Dalton, Stefanie Senn (2:37.7y, 1:05.8y, 3:59.1y, 5:34.3y) | 1/31/97 |
| 4.  | 13:19.47 | Angie Kraus, Jodi Rhodig, Erin Oswald, Ashley Smith (4:08.3, 59.6, 2:31.3, 5:39.9)             | 1/24/04 |
| 5.  | 13:20.12 | Ashley Smith, Rachel Roebke, Angie Kraus, Nicole McCoy   | 2/25/05 |
| 6.  | 13:27.77 | Haley Reeves, Rachel Roebke, Ashley Smith, Nicole McCoy (4:07.0, 65.6, 2:36.8, 5:37.3)         | 1/14/06 |
| 7.  | 13:31.98 | April Sachau, Traci Bernecker, Marsha Krienke, Darr Nickerson (4:19.0, 1:03.7, 2:34.1, 5:36.4) | 2/12/00 |
| 8.  | 13:34.13 | Nicole McCoy, Erin Oswald, Ashley Smith, Erin Norenberg (4:00.2, 65.6, 2:36.9, 5:51.0)         | 12/8/05 |
| 9.  | 13:52.6  | N/A  | 1984    |
| 10. | 13:55.9  | N/A  | 2/9/83  |

## Miscellaneous Events Rarely/No Longer Contested

### 300-Meter Dash

|     |        |                   |         |
|-----|--------|-------------------|---------|
| 1.  | 41.65+ | Marian Borgmann   | 1983    |
| 2.  | 42.01+ | Tammi Miller      | 1987    |
| 3.  | 42.95  | Traci Bernecker   | 2/2/02  |
| 4.  | 45.0   | Jackie Heese      | 1993    |
| 5.  | 45.52  | Kelly Bausch      | 2/10/96 |
| 6.  | 45.79  | Andrea Reusink    | 1991    |
| 7.  | 46.30  | Naomi LeGrand     | 2/8/97  |
| 8.  | 46.1   | Jessica Matzner   | 1991    |
| 9.  | 46.67+ | Jennifer Olson    | 2/13/99 |
| 10. | 46.8   | Jennifer Robotham | 1992    |

### 500-Meter Dash

|     |         |                   |         |
|-----|---------|-------------------|---------|
| 1.  | 1:20.44 | Marsha Krienke    | 2/05/00 |
|     | 1:20.2  | Cindy Heesacker   | 1986    |
| 3.  | 1:21.5  | Jackie Heese      | 1992    |
| 4.  | 1:22.3  | Kelly Bausch      | 2/17/96 |
| 5.  | 1:23.58 | Angie Kraus       | 2/1/03  |
| 5.  | 1:24.37 | Darr Nickerson    | 2/21/98 |
| 6.  | 1:24.41 | Anne Lunsford     | 1991    |
| 7.  | 1:25.89 | Roni Jackson      | 1994    |
| 8.  | 1:28.25 | Bobbi Spieker     | 1989    |
| 9.  | 1:28.91 | Jeana Luebbe      | 2/03/01 |
| 10. | 1:31.2  | Jennifer Robotham | 1992    |

### 200-Meter Low Hurdles

|    |       |                 |         |
|----|-------|-----------------|---------|
| 1. | 32.74 | Kristi Hoefener | 2/15/97 |
|----|-------|-----------------|---------|

### 400-Meter Relay

|    |       |   |         |
|----|-------|---|---------|
| 1. | 53.54 | Sarah Pinkston, Carin Bures,<br>Andrea Reusink, Tammi Miller  | 1991    |
| 2. | 56.06 | Dana Schmursal, Randi Meek,<br>Darr Nickerson, Jennifer Olson | 1/30/98 |

### 4x160-Meter Relay

|    |        |     |      |
|----|--------|-----|------|
| 1. | 1:29.3 | N/A | 1993 |
|----|--------|-----|------|

### 1600-Meter Medley Relay

|    |          |  |         |
|----|----------|--|---------|
| 1. | 4:32.7+  | Charronna Chambers, Stephanie Lilja<br>Amy Gudmundson, Kathy Dalton                                  | 1/27/95 |
| 2. | 4:41.93  | Tamera Neilsen, Jennifer Kennedy,<br>Jackie Heese, Jennifer Robotham                                 | 1992    |
| 3. | 4:50.8+  | Naomi LeGrand, Dana Schmursal,<br>Jennifer Olson, Michelle Baatz<br>(1:06.8y, 31.2y, 29.9y, 2:44.6y) | 1/31/97 |
| 4. | 4:53.39+ | N/A  | 1991    |

### 800-Meter Relay

|    |         |  |         |
|----|---------|--|---------|
| 1. | 1:50.9  | Jackie Heese, Roni Jackson,<br>Jessica Matzner, Tamera Neilsen                     | 1991    |
|    | 1:50.9  | Jackie Heese, Roni Jackson,<br>Jennifer Robotham, Jessica Matzner                  | 1991    |
| 3. | 1:52.53 | Aisha Todd, Jen Olson,<br>Jodi Epping, Traci Bernecker<br>(28.2, 29.2, 28.6, 26.5) | 1/22/00 |
| 4. | 1:54.49 | Jenny Jacobsen, Jackie Heese,<br>Jennifer Robotham, Jenna Belz                     | 1993    |
| 5. | 1:55.5  | Jennifer Robotham, Jessica Matzner,<br>Andrea Reusink, Jackie Heese                | 1992    |
| 6. | 1:56.49 | Stephanie Lilja, Amy Gudmundson,<br>Cinda Wheeler, Charronna Chambers              | 2/18/95 |
| 7. | 1:59.16 | Dana Schmursal, Randi Meek,<br>Darr Nickerson, Jennifer Olson                      | 1/30/98 |
| 8. | 2:01.6  | N/A  | 1990    |