

SPECIAL THANKS TO OUR MODELS

Patricia Arneson – Wayne State College/Nebraska

Murleen Bellinger - Waverly (Nebraska) High School

Dawn Friedrich – Wausa (Nebraska) High School

Madge Gregg – Hoover (Alabama) High School

DeLayne Havlovic – Omaha (Nebraska) Public Schools

Maurice Henderson – Eastern Michigan University

Anne Kieser – Southern Tioga (Pennsylvania) School District

Dennis Krejci – Tri-County (Nebraska) High School

Toni Landenberger – Southeast Community College/Nebraska

Bill Latta – University of Nebraska/Lincoln

Kelly Means - Omaha (Nebraska) Public Schools

Carol Sessums – Sangre de Cristo (Colorado) High School

Bonnie Sibert – Nebraska Department of Business Education

Sue Sydow – Wayne State College/Nebraska

Pat Thieben – Iowa Department of Education

“Dress for Teaching Success”

NBEA FASHION SHOW

Thursday, April 1, 2010

2:30 – 3:30 pm

San Diego Marriott Hotel

Presenters: Patricia Arneson and Sue Sydow



**Wayne State
College**

GUIDELINES FOR TEACHING ATTIRE

PROFESSIONAL BUSINESS

Professional Business for men usually means a two-piece suit with long-sleeved dress shirt and tie. Belt and shoes should match and men's socks should coordinate with the slacks. A long-sleeved dress shirt is the number one recommendation for a Professional Business look. For women, a skirt or dress pants with matching long-sleeved jacket and tailored blouse is appropriate.

STANDARD TEACHER ATTIRE

For men, this means nice slacks with ironed crease, flat or pleated front, and straight or cuffed slacks worn with a long or short-sleeved collared dress shirt with optional tie. For women, Standard Teacher attire usually means dress pants, skirt (but not too short!) and an appropriate blouse, but not sleeveless. A sport/suit coat or sweater can be added for both men and women.

BUSINESS CASUAL ATTIRE

Business Casual for men includes khakis, chinos, or docker-style slacks, collared polos or shirts, but usually no tie. All shirts should be tucked into slacks. Please, men! No Hawaiian-style shirts, carpenter-type pants or blue jeans! Men's shoes could include leather slip-ons and even certain types of leather tailored deck shoes.

For women, casual slacks and even tailored capris, if worn below the knee, are appropriate. Hosiery is not usually worn. Shoes may be flats or low heeled-pumps, but not flip flops, sandals, open-back heels, Crocs™, or exercise tennis shoes. Blue jeans would NOT be appropriate.

CASUAL FRIDAYS AND/OR SPIRIT DAYS

Many people wrongly confuse Business Casual with Casual Fridays. Research indicates that although "Casual Fridays" still exist in both business and education environments, they are diminishing in popularity due to apparent confusion over what to wear or not to wear. Many school dress codes now clearly spell out what can and cannot be worn for Casual Friday and Spirit Days. The lines between "appropriate" and "inappropriate" seem to have become blurred in recent years. "Casual Fridays" sometimes should be renamed "Too Casual Fridays."

HAIR

Hair should be clean, neat and attractively styled for both men and women.

SKIN

Whether standing, reaching, bending or lifting, we should not see any!

MAKE-UP & PERFUME

Women should wear minimal make-up, avoiding bright colors and excessive amounts. Light shades of lip coloring and nail polish are recommended. Men and women should check nails to make sure they are cleaned and manicured. Avoid perfume altogether since others may be allergic to certain fragrances. Always use deodorant and make sure that the underarms of your clothing are not perspiration stained.

JEWELRY & ACCESSORIES

All jewelry should be conservative and small in size. For men, pure silk ties are most resistant to wrinkles and present the best image. Ties should complement the suit without matching it completely – choose a pattern that neither vanishes into nor does battle with your suit. Avoid religious and political insignias in the form of rings, ties or pins. Your watch should be simple, not trendy. Men's belts should match or complement their shoes and have a simple buckle.

SHOES & HOISERY

For women, a polished, closed-toed pump should be worn for a Professional Business look. The shoes should be conservative and be in good repair. For both men and women, leisure footwear such as Crocs™ and flip flops are always inappropriate. Hosiery should be neutral in color, and if possible, match your skin tone. For men, shoes should be either black or brown leather or a leather look if you do not have leather. Lace-up wing tips are the most conservative choice; slip-on dress shoes are slightly less conservative, but just as acceptable. Always have your shoes freshly polished. Socks should complement the suit, in blue, black, gray or brown. Socks should be long enough that you can cross your legs without showing bare skin, and without bunching around the ankles.